

FRED Talk Series

Foothill Region Educational Discussions

WHAT

“FRED” Talks are our very own Foothill Region Educational Discussions centered on the emotional wellbeing of our families-the foundation of our communities. Talks will feature local experts in a variety of topics: Maternal Wellness, Substance Use, Generational Trauma, Veteran Families, Tribal TANF, Car Seat Safety, Tobacco Education and Health & Nutrition. Talks emphasize early childhood mental health and protective factors to strengthen families.

WHEN & WHERE

These discussions are designed to be brief so you can “dinner and learn” once a month. The upcoming Amador County FRED Talk will be a stand-alone discussion on:

Operation Care presented by Anna Garcia, Client Services Supervisor

Operation Care is an organization that provides domestic violence and sexual assault services, crisis intervention and education in Amador County. Anna will be presenting on all the services, funding, referrals and youth programs. A mini workshop on Anti-Bullying will also be presented.

So, please don't miss out on this dinner and learn evening filled with valuable information!

Thursday, March 14th, 2019 5:30-7:30 pm

**First 5 Amador, 975 Broadway
Jackson**

Please RSVP for dinner & childcare
(209) 257-1092

Funded by Amador County Behavioral
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