

FRED Talk Series

Foothill Region Educational Discussions

WHAT

“FRED” Talks are our very own Foothill Region Educational Discussions centered on the emotional wellbeing of our families-the foundation of our communities. Talks will feature local experts in a variety of topics: Maternal Wellness, Substance Use, Generational Trauma, Veteran Families, Tribal TANF, Car Seat Safety, Tobacco Education and Health & Nutrition. Talks emphasize early childhood mental health and protective factors to strengthen families.

WHEN & WHERE

These discussions are designed to be brief so you can “dine and learn” once a month. This month’s Amador County FRED Talk will be a stand-alone discussion about:

Amador County Public Health Services

By Christian Tucker, Marsha Stone, and Donna Jackson

These three health educators will be presenting on different topics such as: Car Seat Safety, Tobacco Education, Childhood Lead Poisoning, Supplemental Nutrition Assistance (SNAP-Ed), and Baby Welcome Wagon(BWW). So, please don’t miss out on this dinner and learn event filled with valuable information about the services provided at the Amador County Health Department.

Wednesday, January 16th, 2019 5:30-7:30 pm

First 5 Amador, 975 Broadway

Jackson

Please RSVP for dinner & childcare
(209) 257-1092

Funded by Amador County Behavioral
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