

# Parenting with a Purpose



Come join us for our interactive and supportive **SPRING SERIES** to learn and strengthen practical, proven and positive parenting skills.

Discussions include the following topics:

- ♦ *Building Nurturing Parenting Skills*
  - ♦ *Communicating with Respect*
  - ♦ *Understanding Needs & Feelings*
    - ♦ *Positive Discipline*
  - ♦ *Positive Ways to Deal with Stress*
    - ♦ *Nutrition & Safety*
- ♦ *Physical & Emotional Development in Children*

**WEDNESDAYS**  
12:00pm to 2:00pm

**Beginning: April 3, 2019**  
**Ending: May 15, 2019**

Free child care and transportation assistance available!

For more information or to register, please contact  
Coral Stricler at (209) 257-1980 x 103  
or [cstricler@nexusyfs.org](mailto:cstricler@nexusyfs.org).

## LOCATION

**Camanche Lake Community Center**  
4240 Camanche Pkwy. N. #4  
Ione, CA 95640  
(209) 763-2720

A project of Nexus Youth & Family Services

## 1 Day Practical Parenting Classes

~ **Circle of Security** ~  
**0-5 year olds**  
May 17, 2019  
9:00am—5:00pm

~ **Growing Together** ~  
**6-12 year olds**  
May 24, 2019  
9:00am—5:00pm

~ **Calm, Confident Parenting** ~  
**13-18 year olds**  
May 31, 2019  
9:00am—5:00pm

*All classes  
include free child care,  
transportation assistance,  
snacks and lunch.*

*Please call for more  
information or to register.*

**(209) 257-1980 x 103**

Parenting Certificates  
earned through program  
participation!

