

Parenting with a Purpose



Come join us for our interactive and supportive **SPRING SERIES** to learn and strengthen practical, proven and positive parenting skills.

Discussions include the following topics:

- ◆ *Building Nurturing Parenting Skills*
 - ◆ *Communicating with Respect*
 - ◆ *Understanding Needs & Feelings*
 - ◆ *Positive Discipline*
 - ◆ *Positive Ways to Deal with Stress*
 - ◆ *Nutrition & Safety*
- ◆ *Physical & Emotional Development in Children*

WEDNESDAYS
12:00pm to 2:00pm

Beginning: April 3, 2019
Ending: May 15, 2019

Free child care and transportation assistance available!

For more information or to register, please contact
Coral Stricler at (209) 257-1980 x 103
or cstricler@nexusyfs.org.



LOCATION
Camanche Lake Community Center
4240 Camanche Pkwy. N. #4
Ione, CA 95640
(209) 763-2720

A project of Nexus Youth & Family Services

1 Day Practical Parenting Classes

~ Circle of Security ~

0-5 year olds
May 17, 2019
9:00am—5:00pm

~ Growing Together ~

6-12 year olds
May 24, 2019
9:00am—5:00pm

~ Calm, Confident Parenting ~

13-18 year olds
May 31, 2019
9:00am—5:00pm

*All classes
include free child care,
transportation assistance,
snacks and lunch.*

*Please call for more
information or to register.*

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