

March is Problem Gambling Awareness Month

Signs of Problem Gambling (PG)

Increasing preoccupation with gambling

The need to bet more money more frequently

Becoming restless or irritable when trying to stop gambling

Chasing losses

Lack of control manifested by continuation of the behavior

Problem gambling can have many adverse effects on the gambler, their families and friends.

Increased involvement in criminal activity and an increase in the likelihood of contemplating or committing suicide.

Many problem gamblers also suffer from depression, anxiety and alcohol/substance use and/or childhood trauma.



Please join Amador County Behavioral Health in bringing awareness about problem gambling and its impact to our community by wearing your teal ribbons in the month of March. If you need ribbons please contact Melissa Thompson at Amador County Behavioral Health (209) 223-6553

WE CAN HELP!

Onsite Services- Group Counseling * Individual Counseling * Treatment Planning * Prevention Skills & Services ***Referral Services-*** Inpatient* Intensive Outpatient & Telephone Counseling

Melissa Thompson (209) 223-6553

Or ACBH (888) 310-6555

All Services Are Provided At No Cost!