

NURTURING CHILDREN DURING TIMES OF STRESS

We all feel stressed sometimes. Some stress is a normal, healthy part of life. Please join us for this free workshop that is designed to give you nurturing tips and resources that can protect you and your child from the effects of intense stress. We will give you tools and ideas that will help you connect with your child.

Workshop Locations & Dates

Camanche Lake Community Center
4240 Camanche Pkwy N, Ione
April 17, 2019
2:00pm – 4:00pm

Ione Family Resource Center
(Located at VFW Memorial Hall)
207 S. Amador Street, Ione
April 23, 2019
4:30pm – 6:30pm

Upcountry Community Center
19386 Hwy 88, Pine Grove
April 24, 2019
12:30pm – 2:30pm



Workshop provided by Carla Fry, M.S., P.P.S.C.

*Please call for more information.
Please RSVP if you will need child care.
(209) 257-1980 x 103*

This discussion is intended for informational purposes only and is not meant as medical advice or to replace consultation with a physician or mental health professional.

Para información en Español, por favor llame al (209) 257-1980 x 104.

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