

September 2018



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NEW ADDRESS
As of 9-17-2018

***Adapt these ideas and activities based on your child's age, abilities, and your family style.

2 Ask your child what toys they would love to test. What are they most curious about a toy doing? What would they change about it? How much is it worth?

3

LABOR DAY

ATCAA Closed Today

9 Grandparent's Day
If you have one or are one, celebrate the special qualities of older family members. Invite grandparents to tell children what they like about being older. Invite kids to answer this too.

10 Opposite Day

Have fun confusing each other! No thanks means thanks; yes means no; I'm full means I'm hungry; shirts button in back, glasses upside down; frowns mean smiles; down means up.....

4



11 National Day of Service and Remembrance

As a family, how to you serve your community? With your child, choose an organization or event to volunteer for. What would your child choose?

5 Banana Who?

One fruit, in so many ways! Mashed & spread on toast; frozen chunks in smoothies, or dipped in chocolate & rolled in nuts or coconut; add crushed banana chips to yogurt, cereal, ice cream.

6 Alphabet Rock

With your child create the alphabet on small rocks. Using purchased bags of small, flat rocks, draw or paint letters on each rock. Use them for learning the alphabet or spelling words.

7 National Food Bank Day

Food is a basic necessity for all humans. Sometimes we need help getting it. Sometimes we help others get it. Interfaith Food Bank: (209) 267-9006 feedamador.org

8 As a family, celebrate International Literacy Day!

Choose one of these types of books to read each day: Animal; History; Funny; Poetry; Biography; Mystery; Science; Art; Fantasy; or Classic. Take turns reading.

16



17 Step Together

30% of children grow up in a step family. It is challenging, so focus on creating a sense of safety for the children. Find tips at:

stepfamilies.info

18 As a family, create greeting cards for new ideas like: You Were Right; Guess What; Greetings from Cali; Our New Pet; About My Grades; I've Been Wanting To Tell You; One Thing I Like About You.....

19 Talk Like A Pirate Day
Here are some translations:
Hornswoggle = To cheat
Cackle fruit = Eggs
Sea Dog = Old Pirate
Scallywag = An insult
Heave Ho = Stop!
Matey = Good Friend

20 Stick Together

As a family, build a different kind of log cabin. Using mini-marshmallows & various size pretzel sticks, connect them to build walls, doors, windows & a roof. Talk about the design first.

21 With your child, predict the weather.

Using a blank calendar, draw a weather symbol for what you think it will be the next day. Then another symbol at the end of the day to compare. Do this each day.

22 First Day of Fall

At this time of year, the daily hours of light & dark are nearly equal. Slowly sunrise will be later, sunset will be earlier, the hours of darkness will increase. How does this affect your days?

23 Human Worm

With several people, form a chain by holding hands. The leader calls for the last person to crawl up. That person works their way up but all must continue to stay connected by hands.

24 Full Moon Tonight

Make meals today with foods that begin with the letter **S**. Shape food on the plate into an **S**. Challenge each other on who has the most colorful food choices.

26



25 We each make a choice to use our manners.
Have you demonstrated manners to your child? It's more than please & thank you, like how to answer the phone; introduce themselves; open & close doors...

27 Ask A Stupid Question

It can be scary to ask questions when we don't know something. Encourage your child by making it a game. Let them pick a topic, then you ask one and they ask one. Be a little silly too!

29



28 Backpack Safety

So much to carry! Choose one with a padded back, a waist strap & wide, padded shoulder straps; use both straps; clean it out regularly; pack only what is needed each day.

30 Loose Change

Gather lots of pennies, nickels, and dimes in stacks. Have your child guess how many it takes for 1 inch, 2 inches, etc. and how much money they think it is. Then count it out to compare.



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AMADOR SERVICES

Early Head Start and Head Start:
Centers in Jackson and Ione

Energy Assistance:
PG & E bills
Home Weatherization and
Water Conservation Improvements

Housing:
Emergency Shelter
Housing Assistance
Smart Money Classes

Lifeline:
Personal 24 hr.
Emergency Response - devise / service.

Youth:
Child Therapy (CHAT)
IDA, Foster Teens - Financial Literacy