

September 2018



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NEW ADDRESS
As of 9-17-2018

***Adapt these ideas and activities based on your child's age, abilities, and your family style.

National Suicide Prevention Month

In Amador County call:

1-888-310-6555



National Literacy Month

Library Card Sign-Up Month

Baby Safety Month

1 | Need Details!

Create a habit of telling your child specific details about positive things they have said or done. EX: You picked up your shoes & put them in the closet. You smiled & said thank you.

10590 HWY 88
Jackson, CA 95642

(209) 223-1485
atcaa.org

AMADOR SERVICES

Early Head Start and Head Start:
Centers in Jackson and Ione

Energy Assistance:
PG&E bills
Home Weatherization and Water Conservation Improvements

Housing:
Emergency Shelter
Housing Assistance
Smart Money Classes

Lifeline:
Personal 24 hr.
Emergency Response-devise / service.

Youth:
Child Therapy (CHAT)
IDA, Foster Teens - Financial Literacy

Pat Porto
Family Resource Services
Director
EHS - HS Parent Mentor

(209) 223-1485 ext 236
pporto@atcaa.org

2 Ask your child what toys they would love to test. What are they most curious about a toy doing? What would they change about it? How much is it worth?

LABOR DAY

ATCAA Closed Today



9 Grandparent's Day
If you have one or are one, celebrate the special qualities of older family members. Invite grandparents to tell children what they like about being older. Invite kids to answer this too.

10 Opposite Day
Have fun confusing each other! No thanks means thanks; yes means no; I'm full means I'm hungry; shirts button in back, glasses upside down; frowns mean smiles; down means up.....

11 National Day of Service and Remembrance
As a family, how to you serve your community? With you child, choose an organization or event to volunteer for. What would your child choose?

12 What Did You Say?
Play a game of observation today. With family and friends, play *2 Truths & A Lie*. Take turns telling 2 truths & 1 lie about yourself, let others guess if they are/aren't correct, and why.

13 Kids In The Kitchen
Time for kids to be in charge. Invite your child to: plan a meal, shopping list & preparations. Assist only when asked or for safety. One meal can be no cook, and one cooking with help.



15 APPLE FACTS:
2,500 Kinds in the USA
7,500 Kinds in the world
Pilgrims planted 1st in USA.
Are part of the rose family.
Eat skins for most nutrition.
Most are eaten fresh.
Oldest tree was 219 years old!



17 Step Together
30% of children grow up in a step family. It is challenging, so focus on creating a sense of safety for the children. Find tips at:

stepfamilies.info

18 As a family, create greeting cards for new ideas like: You Were Right; Guess What; Greetings from Cali; Our New Pet; About My Grades; I've Been Wanting To Tell You; One Thing I Like About You.....

19 Talk Like A Pirate Day
Here are some translations: Hornswaggle = To cheat
Cackle fruit = Eggs
Sea Dog = Old Pirate
Scurvydog = An insult
Heave Ho = Stop!
Matey = Good Friend

20 Stick Together
As a family, build a different kind of log cabin. Using mini-marshmallows & various size pretzel sticks, connect them to build walls, doors, windows & a roof. Talk about the design first.

21 With your child, predict the weather. Using a blank calendar, draw a weather symbol for what you think it will be the next day. Then another symbol at the end of the day to compare. Do this each day.

22 First Day of Fall
At this time of year, the daily hours of light & dark are nearly equal. Slowly sunrise will be later, sunset will be earlier, the hours of darkness will increase. How does this affect your days?

23 Human Worm
With several people, form a chain by holding hands. The leader calls for the last person to crawl up. That person works their way up but all must continue to stay connected by hands.

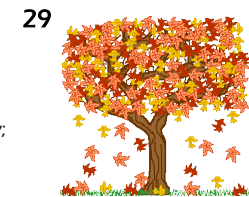
24 Full Moon Tonight
Make meals today with foods that begin with the letter **S**. Shape food on the plate into an **S**. Challenge each other on who has the most colorful food choices.

25 We each make a choice to use our manners. Have you demonstrated manners to your child? It's more than please & thank you, like how to answer the phone; introduce themselves; open & close doors...



27 Ask A Stupid Question
It can be scary to ask questions when we don't know something. Encourage your child by making it a game. Let them pick a topic, then you ask one and they ask one. Be a little silly too!

28 Backpack Safety
So much to carry! Choose one with a padded back, a waist strap & wide, padded shoulder straps; use both straps; clean it out regularly; pack only what is needed each day.



30 Loose Change
Gather lots of pennies, nickels, and dimes in stacks. Have your child guess how many it takes for 1 inch, 2 inches, etc. and how much money they think it is. Then count it out to compare.

