

Tips and Tid-Bits:

Helping Children Develop Emotional Intelligence



Tuesday, February 11

6:00 - 8:00 pm

975 Broadway, Jackson

Dinner & free child care provided

Please RSVP at 257-1092

Presented by:

Lola Blevins - Marriage & Family Therapist, *and*

Aimee Breazeal - owner of 'Cottage in the Woods' In-Home Preschool

Join us as we explore...

- Defining emotional intelligence through the vocabulary of feelings... both your own feelings, and the feelings of others.
- Tools and activities to help learn these concepts, and how to teach them to children.
- Conflict resolution and how to help children learn the skills to do this on their own.
- Setting children up for success when they have big feelings.