

## **PRAYER LIST DEDICATION**

**Precious Sangha, please dedicate the merit of your practice to those who have passed away:**

Michael J. Nash  
Miyoko Bellonzi

All beings who have died in recent wars and geopolitical conflict  
All those who have died during the COVID-19 pandemic

**And to the living:**

Ven. Gyatrul Rinpoche  
Ven. Khenpo Namdrol Rinpoche  
Ven. Lingtrul Rinpoche  
Sangye Khandro  
Lama Chonam  
Lama Les Collins  
Lama Jamie Kalfas  
Nick O'Connor  
Ani Riom  
Ani Baba  
Ani Tsultrim  
Ani Yeshe  
Ani Nyima  
Ani Chonid  
Bonnie Nash  
George Avgeris  
Liz Hoskinson  
Mr. Toodie

The Ukrainian people

All beings affected by wars and geopolitical conflict everywhere  
All those suffering as a result of the COVID-19 pandemic

**May the living enjoy long life and good health, and may all their obstacles be dispelled.**

**May those who have passed away take rebirth in the higher realms.**

**May all swiftly journey through the stages and the paths without obstacle.**

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Please note that prayer lists will not be read aloud during online practice sessions. Instead we ask the worldwide sangha to pray for these beings during your practice sessions.

A Special Note: Venerable Gyatru Rinpoche and our other teachers have taught that it is customary and beneficial to make a monetary offering on behalf of those for whom we are requesting prayers. This act of generosity protects those beings from accruing karmic debt and increases their connection to the blessings of the practices. The amount doesn't matter—the important thing is the connection that is being made. If you would like to make an offering on behalf of those you have named, you may offer to your own local dharma center as a representation of the sangha community; or you may offer to Tashi Choling as the host of this worldwide prayer community at the link below:

[\(PRAYER LIST DONATIONS LINK\)](#)

We will update this list as names come in and include it with each puja and practice announcement. You are welcome to submit names for the list to [tcnewsletter@gmail.com](mailto:tcnewsletter@gmail.com).

**May All Beings Benefit!**