

Updated: January 2021

## TASHI CHOLING'S VIDEO-STREAMED LUNAR DAY PUJAS—2021:

*We will use the same Zoom Webinar link for ALL our Lunar Day pujas every month at Tashi Choling, including: Guru Rinpoche, Amitabha, Yeshe Tsogyal, and Troma. All pujas run from 4:00-6:30 pm Pacific. Please see the Tashi Choling programs calendar dates here for dates: <http://www.tashicholing.org/programs.html>*

**HOW TO JOIN:** WEBINAR LINK— *we will use this same Webinar link for all pujas:*

<https://us02web.zoom.us/j/87801159282?pwd=YkhTNnJwaFILWThrVDgxR1BtelBNQT09>

Passcode: 034559

Or iPhone one-tap :

US: +12532158782,,87801159282#,,,,\*034559# or  
+13462487799,,87801159282#,,,,\*034559#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 253 215 8782 or +1 346 248 7799 or +1 669 900 6833 or +1 301 715 8592  
or +1 312 626 6799 or +1 929 436 2866

Webinar ID: 878 0115 9282

Passcode: 034559

International numbers available: <https://us02web.zoom.us/j/87801159282?pwd=YkhTNnJwaFILWThrVDgxR1BtelBNQT09>

**SCHEDULE FOR MONTHLY PRACTICES AND HOW TO OBTAIN TEXTS:** All pujas run from 4:00-6:30 pm Pacific. Dates vary according to the Tibetan Lunar Calendar. Visit Tashi Choling's calendar page for dates: <http://www.tashicholing.org/programs.html>  
Text info provided below for each of the four lunar day pujas.

**AUXILIARY PRAYER PACKET FOR PUJAS:** We add extra prayers here and there. Get your *free download* copy in either ENGLISH or CHINESE (中文) [HERE](#).

**DONATIONS:** We offer these online practices for free. If you would like to make a donation to help support our ability to offer these online sessions (\$5 per session, or any amount you would like to offer, recurring or one-time), you can use the donate button on this page: <http://vimalatresures.org/make-a-donation.aspx>. Please include a note: "For TC Online Pujas".

***May all beings benefit!***

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## **GURU RINPOCHE LUNAR DAY PUJA**

**Tibetan 10<sup>th</sup> Lunar Day:**

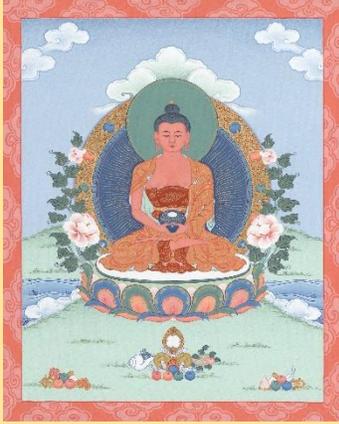
**Check TC Calendar for dates: [CLICK HERE](#)**

**Sangye Khandro or Lama Chonam will offer a short teaching on this practice, then we will do the *Heart Essence of the Lake Born Vajra Guru (Tsokye Tuktig)* sadhana practice of Kyabje Dudjom Rinpoche, Jigdral Yeshe Dorje.**

***More about this practice:*** The treasure revealer of this sacred practice, Kyabje Dudjom Rinpoche, Jigdral Yeshe Dorje, is the incarnation of the great bodhisattva Nuden Dorje, who was blessed by both Padmasambhava and Yeshe Tsogyal. In his lineage supplication prayer, it mentions his past life as Nuden Dorje and his future life as Mopa Tayei; it says that, at present, he is the regent of Padmasambhava as well as the embodiment of the great disciple Drogben Lotsawa. He is also considered to be the body emanation of Drogben Lotsawa, the speech emanation of Yeshe Tsogyal, and the mind emanation of Padmasambhava. The many treasures he revealed in his life are placed into four categories: The cycle that wells forth from the transcendent state of awareness; the cycle of pure vision known as the wisdom matrix; the space treasury of the dharmata; and the profound cycle of the Dakinis' Heart Essence. This particular Guru Rinpoche sadhana belongs to the first of these four. In general, when we practice the sacred secret mantra tradition, we must rely upon the mandala of the Three Roots--Guru, Deva, and Dakini. In particular, since the mandala of the Guru is the pinnacle of all that is profound, the emphasis here is upon accomplishing the secret level of the Guru's enlightened mind. Kyabje Dudjom Rinpoche has said that this sadhana allows disciples to accomplish the Guru's enlightened mind and is the synthesis of many profound practices that accomplish the enlightened mind of the guru.

In short, all practitioners of the profound path of secret mantra should know that this sadhana includes the essence of the Three Jewels, Three Roots, and Three Secrets. Practicing this sadhana just once a month on the special days of the lunar calendar along with the ganachakra will clear any broken samaya and accumulate the two levels of merit without a doubt. The reason this is true is that there is an obvious karmic connection with this sadhana, so blessings will certainly be received. This was stated by the Tertön himself in the colophon for this terma which reads: "May this be the portion for fortunate disciples and may it bring them unsurpassed benefit on the path to liberation." Please bear these points in mind and practice with total confidence.

***Both digital and print format texts for this practice are available [HERE](#).***



## **FULL MOON AMITABHA PRACTICE**

### **Tibetan Lunar Full Moon Day:**

**Check TC Calendar for dates: [CLICK HERE](#)**

**Sangye Khandro and Lama Chonam will offer a short teaching on this practice, then we will do the *Amitabha Practice of Rebirth in Dewachen*, a treasure of Namcho Migyur Dorje.**

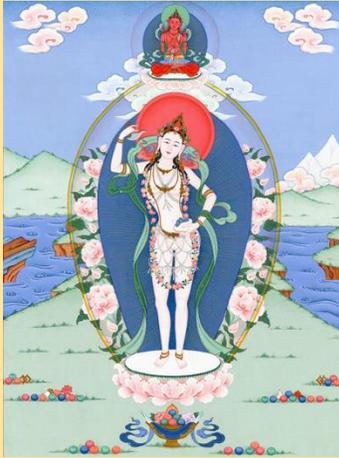
***More about this practice:*** The full moon day is the fifteenth day of the lunar calendar. This is the time of the month when the moon, which never really changes in size, can be seen in its entirety during a twenty-four hour period. This is, of course, a common experience for all human beings, and this special blessing of sacred and natural energy that sustains life on this planet is the common blessing that all inhabitants of earth can enjoy.

According to buddhadharma, the full moon day is auspicious in that it is the day of Buddha Shakyamuni's birth, paranirvana, and enlightenment. The full moon day is also a day that many great masters have temporarily departed from the world. Traditionally on this day, Buddhist practitioners restore their vows through the appropriate ceremony, maintain a vegetarian diet, and offer a puja celebration in honor of Buddha Shakyamuni.

At Tashi Choling, we offer both Buddha Shakyamuni and Buddha Amitabha practices: Buddha Shakyamuni puja is done on the special festival days of year that mark significant events in the Buddha's life. We offer the Buddha Amitabha puja at our monthly fifteenth day practices. The Amitabha practice we do is a special treasure revelation of Namcho Migyur Dorje with supplementation from Karma Chagmed Rinpoche.

***Texts for this practice are available [HERE](#).***

***(Only available in digital/PDF format presently. We hope to provide a new translation this summer and make that available in both digital and print format.)***



## DAKINI DAY PRACTICE

### Tibetan 25<sup>th</sup> Lunar Day:

Check TC Calendar for dates: [CLICK HERE](#)

**Sangye Khandro or Lama Chonam will offer a short teaching on this practice, then we will do the *Profound Path of the Dakini's Heart Essence (Khandro Tuk Tig)* sadhana practice of Kyabje Dudjom Rinpoche, Jigdral Yeshe Dorje.**

**More about this practice:** Dakini Yeshe Tsogyal (Victorious Ocean of Wisdom, 757-817 CE) was also known by her clan name, Lady Karchen, as she was a native Tibetan who lived during the arrival of the great master Padmasambhava to Tibet. She became his principal companion and treasure keeper and was responsible for concealing his hundreds and thousands of treasures (terma) throughout the land of Tibet. Over the centuries, she has appeared to the destined Tertons who revealed these termas, and Kyabje Dudjom Rinpoche, Jigdral Yeshe Dorje, was no exception. His entire Khandro Tuk Tig (Heart Essence of the Dakini) cycle of transmissions and teachings was given to him by Yeshe Tsogyal through prophetic, visionary revelation, also known as mind terma. Dudjom Rinpoche's wife and consort, Sangyum Rigdzn Wangmo, was also an emanation of both Yeshe Tsogyal and White Tara. The Yeshe Tsogyal puja that is offered at Tashi Choling on Dakini Day, the tenth day of the waning moon according to the lunar calendar, is one such revelation. It is considered the outer aspect of the wisdom dakini. This practice was particularly close to Dudjom Rinpoche's heart, and he often performed it on Guru Rinpoche Day, the tenth day of the waxing moon, as well. The emphasis of the practice is on the feminine principle of pristine mind, which is the wisdom-prajna aspect that ascertains the true nature of reality.

***Both digital and print format texts for this practice are available [HERE](#).***

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## **NEW MOON TROMA NAGMO PRACTICE**

**Tibetan Lunar New Moon Day:**  
Check TC Calendar for dates: [CLICK HERE](#)

**Sangye Khandro or Lama Chonam will offer a short teaching on the practice, then we will do the Troma Nagmo concise practice.**

***More about this practice:*** Dakini Troma Nagmo, also referred to in the Sanskrit as Khrodhi Kali (literally, Black Wrathful One), is the embodiment of the three kaya dakinis. Another title for her is Sole Mother. This indicates the one essence of all three kayas which are inseparable. Reference to Mother indicates the Prajnaparamita, which is the birthplace of all those who have awakened the three-kaya wisdom Buddha nature. There are both concise and longer versions of the sadhana. The intermediate-length version, entitled Sun of Wisdom, is one of the most practiced Vajrayana Great Perfection sadhanas of all time. At Tashi Choling, we often practice this longer sadhana when the sacred lunar day falls on a weekend so that we can take the extra time to enjoy the full practice in all its detail. We will be using the chanting style that has been given to us by Dudjom Yangsi Rinpoche in order to finetune the melodies which are known to bring liberation upon hearing.

Please join this sacred mandala whether you can play the instruments or not, for to merely make a connection with the liturgy brings profound blessings.

***Texts for this practice can be found on the Light of Berotsana site [HERE](#).***

***May all beings benefit!***