

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY BIRTHDAY 4 Don 9 Louise 21 Bea 27 Jackie	1 9:30 Coffee Talk M 10:00 Discussion Group; Who Am I? S 11:00 What's New? S 2:00 February Trivia S 3:00 Sit & Stretch S 3:30 Room Visits Chinese New Year (Year of the Tiger)	2 9:30 Morning Musings M 10:00 Sit & Stretch S 11:00 Tender Heart S 2:30 Chinese New Year Happy Hour M 4:00 Mass H Groundhog Day	3 9:30 Coffee Talk M 10:00 Help Wanted! S 11:00 Tender Heart S 1:30 Movie & Popcorn N & S 3:00 Sit & Stretch S 4:00 Room Visits	GO RED DAY 9:30 Morning Musings M 10:30 Music Performance; Terry Matthews S 2:00 Brain Games S 3:30 Room Visits	4 9:30 Coffee Talk M 10:00 Sit & Stretch S 11:00 Valentines Traditions Around the World & Trivia S 2:00 Pretty Nails S 4:00 Mass H
6 9:30 Coffee Talk M 10:30 Art Therapy; Love A 11:30 Valentines Themed Words in Words S 2:00 Bingo S 3:30 Pretty Nails	7 9:30 Morning Musings M 10:00 Exercise S 2:00 Coffee & Bingo M 3:30 Rosary C 4:00 Room Visits	8 9:30 Coffee Talk M 10:00 Discussion Group; Who Am I? S 11:00 What's New? S 2:00 Brain Games; Trivia S 3:00 Sit & Stretch S 3:30 Sing Along w/ Chuck M	9 9:30 Morning Musings M 10:00 Sit & Stretch S 11:00 Tender Heart S 12:00 Rhyme Time 2:30 National Pizza Day Happy Hour M 4:00 Mass H	10 9:30 Coffee Talk M 10:00 Help Wanted! S 11:00 Tender Heart S 1:30 Music Performance; Danny H 3:00 Sit & Stretch S 4:00 Room Visits	11 9:30 Morning Musings M 11:00 Exercise S 2:00 Brain Games S 3:00 Romance Film Festival S 4:00 Room Visits	12 9:30 Coffee Talk M 10:00 Sit & Stretch S 11:00 Hand Massage S 1:00 Romance Film Festival S 2:00 Music Trivia S 4:00 Mass H
13 9:30 Coffee Talk M 10:30 Art Therapy; Alma Woodsy A 11:30 Valentines Brain Game S 1:00 Romance Film Festival S 2:00 Bingo S 3:30 Room Visits	14 9:30 Morning Musings M 11:00 Exercise S 2:00 Valentine's Day Party M 3:30 Rosary C 4:00 Room Visits 4:00 Romance Film Festival S	15 9:30 Coffee Talk M 10:00 Discussion Group; Who Am I? S 11:00 What's New? S 2:00 Brain Games; Categories S 3:00 Sit & Stretch S 4:00 Room Visits	16 9:30 Morning Musings M 10:00 Sit & Stretch S 11:00 Tender Heart N 2:30 New Folks Happy Hour M 4:00 Mass H	17 9:30 Coffee Talk M 10:00 Help Wanted! S 11:00 Tender Heart S 3:00 Sit & Stretch S 4:00 Room Visits	18 9:30 Morning Musings M 11:00 Exercise S 2:00 Brain Games S 3:00 Black History Month Film Festival S 4:00 Room Visits	19 9:30 Coffee Talk M 10:00 Sit & Stretch S 11:00 Words that Rhyme S 1:00 Black History Month Film Festival S 2:00 Pretty Nails S 4:00 Mass H
20 9:30 Coffee Talk M 10:30 Travel Series; Florida S 1:00 Black History Month Film Festival S 2:00 Bingo S 3:30 Pretty Nails S	21 9:30 Morning Musings M 11:00 Exercise S 2:00 Coffee & Bingo M 3:30 Rosary C 4:00 Room Visits 4:00 Black History Month Film Festival S	22 9:30 Coffee Talk M 10:00 Discussion Group; Who Am I? S 11:00 Current Events S 2:00 Brain Games; Your Choice S 3:00 Sit & Stretch S 4:00 Room Visits	23 9:30 Morning Musings M 10:00 Sit & Stretch S 11:00 Tender Heart N 2:30 Birthday Party Happy Hour with Tom M 4:00 Mass H	24 9:30 Coffee Talk M 10:00 Help Wanted! S 11:00 Tender Heart S 1:30 Movie & Popcorn N & S 2:30 Culinary Corner; Chili Cook Off 4:00 Room Visits	25 9:30 Morning Musings M 11:00 Exercise N 2:00 Brain Games S 3:30 Room Visits	26 9:30 Coffee Talk M 10:00 Sit & Stretch 11:00 Hand Massage S 2:00 Musical Hang Man S 4:00 Mass H
27 9:30 Coffee Talk M 10:30 Travel Series; Pennsylvania S 11:30 Dear Abby S 2:00 Bingo S 3:30 Room Visits*	28 9:30 Morning Musings M 11:00 Exercise S 2:00 Coffee & Bingo M 3:30 Rosary C 4:00 Room Visits	 February 2022 Saint Anne's Mead Assisted Living				

Locations; A – Art, C – Chapel, H – Hollingshead, M - Main Dining Room, N – North Lounge, P – Porch, S – South Lounge

* Activities Are Subject To Creative Change