

St. Luke's Emergency Response Training



Response Training for Critical Emergencies:

The difference between responding effectively to an emergency or panicking because you don't know what to do is training. Training saves lives. St. Luke's Preparedness Committee is offering an **Emergency Response Training** session to all St. Luke's parishioners and family on **Saturday, June 8th, from 8:30 AM to 12:30 PM** in St. Luke's Parish Hall.

The training will be for Cardiopulmonary Resuscitation (CPR), use of an Automatic External Defibrillator (AED), recognizing a stroke, performing a Heimlich maneuver, bleeding control, using a fire extinguisher, and what to do when confronting an active killer. CPR and Heimlich mannequins, an AED simulator, tourniquets, and fire extinguishers will be used to practice with.

We will also be conducting a walk-through of our church highlighting where emergency equipment is located. A continental breakfast will be provided from 8:30 to 9:00 AM.

If you would like to attend, there will be a signup sheet at the welcome center desk until Sunday, June 2nd after services. You can also send an email to masoncwhitney@gmail.com to confirm a spot at the session. Wear comfortable clothes as training involves hands on activities. Our goal is to have a fully prepared congregation in case an emergency occurs at St. Luke's or at their home or business. The next emergency response training session won't be until September 28th, 2024, and we only do two a year. In 2025 we will only offer one that year.

Do you know what to do in an emergency? It could mean saving a life if you do.

Photo Caption: *Gordy instructs Katie on CPR and AED.*