

Presbytery of West Virginia's  
Leadership Development Coordinating Team Presents:

# Self-Care Workshop



with

**Stephen McCutchan**

**Friday, March 17- Saturday, March 19**  
**(7-9 pm on Friday and 9 – 4 pm on Saturday)**

**at Kanawha United Presbyterian Church, Charleston**

In addition to the stress of providing comfort and spiritual guidance in response to the recent natural disaster, church professionals are intimately involved with the normal emotional roller coaster of people in their community. How can we be intentional about addressing our own health needs so that we both model and guide people in loving self and neighbor?

**Stephen McCutchan** is a Presbyterian Teaching Elder. He blogs [www.smccutchan.com](http://www.smccutchan.com) and publishes a newsletter on care of clergy, [www.pastoralcarenetwork.org](http://www.pastoralcarenetwork.org). He is author of eleven books and 2 CDs.

Cost: **\$75**, to be paid at the time of registration.

Registration deadline: **Monday, February 27, 2017**.

Note: There is an assignment to be completed prior to this workshop. The assignment will be sent when registration is received.

To register, please complete the information below and return it to:

Presbytery of WV, attn: Susan Sharp Campbell, 520 Second Avenue, S. Charleston, WV, 25303.

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Name \_\_\_\_\_ Phone \_\_\_\_\_

Address (street, city, zip) \_\_\_\_\_

Church \_\_\_\_\_ Email \_\_\_\_\_

Part of the **EXPANDING YOUR MINISTRY TOOLBOX** 2017

