

Presbytery of West Virginia's Leadership Development Coordinating Team Presents:

# Mental Health Matters



with

**Kathy Dale McNair**

**Tuesday, April 17, 2018**

**9:30 am – 4:30 pm**

**at the Presbytery Office, South Charleston**

## **Course Description**

Come learn about mental health concerns and how they affect individuals, their families and your congregations. Experience a new model for adult education that links faith and hope to loss, loneliness, anxiety, depression, and grief.

**Rev. Kathy Dale McNair** is an ordained minister with the Presbytery of Chicago (PCUSA), specializing in mental health ministries. She is certified as a peer support specialist by the Depression and Bipolar Support Alliance (DBSA). She is also the FaithNet coordinator for National Alliance on Mental Illness (NAMI) for the Cook County North Suburban affiliate. She leads workshops, consults with churches and leads a mental health support group.

Registration deadline: Monday, March 19. Cost: **\$75**, due with registration.

To register, please complete the information below and return it to:

Presbytery of WV, attn: Susan Sharp Campbell, 520 Second Avenue, S. Charleston, WV, 25303.

Questions? contact Susan at [susan\\_sharp\\_campbell@hotmail.com](mailto:susan_sharp_campbell@hotmail.com) or 304-645-4568.

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Name \_\_\_\_\_ Phone \_\_\_\_\_

Address (street, city, zip) \_\_\_\_\_

Church \_\_\_\_\_ Email \_\_\_\_\_

Part of the **EXPANDING YOUR MINISTRY TOOLBOX 2018**

**Other 2018 TOOLBOX COURSES:**

**June 2: Leading in Change**

**September 8: Biblical Storytelling**



**October 27: Preaching**