

St. Mary's Spiritual Care to present Families Motivating Recovery support groups

St. Mary's Department of Spiritual Care and Mission will present five Families Motivating Recovery support groups in Huntington beginning in September. The groups offer a safe place where community members can receive support and learn more effective ways to communicate with their loved ones struggling with substance abuse. The groups are an affiliate of Kanawha Pastoral Counseling Center (KPCC) and are free and open to the public.

"These groups are designed to help foster an atmosphere of conversation instead of confrontation in families affected by addiction through teaching motivational interviewing techniques," said Rev. Greg Creasy, director of St. Mary's Department of Spiritual Care and Mission. "Research shows that using these techniques can help lead loved ones into a recovery program."

The schedule for the groups is:

Thursdays at 4:30 p.m., beginning Sept. 5

St. Mary's Conference Center, 2849 Fifth Ave., Huntington

Leaders: Jordan Jobe and Noha Khoury-Bailey

Call 304-526-1188

Thursdays at 6:30 p.m., beginning Sept. 5

PROACT, 800 20th St., Huntington

Leader: Rodney Adkins

Call 304-696-8715

Wednesdays at 6 p.m., beginning Sept. 11

Fifth Ave. Baptist Church, 1135 Fifth Ave., Huntington

Leader: Katherine Allgood

Call 304-525-5441

Wednesdays at 6:30 p.m., beginning Sept. 18

Madison Avenue Church of God, 1201 Madison Ave., Huntington

Leader: Deb Winters

Call 304-529-4757

Third Monday of the month only at 6:30 p.m.

Apostolic Life Cathedral, 350 Staunton St., Huntington

Leader: Stephen Kuntzman

Call 304-525-4204

For more information about any of the groups, contact St. Mary's Department of Spiritual Care and Mission at 304-526-1188.