

4 WAYS OF LEADING IN THE WORLD

AS ME

Life is me

Posture: At one with all
Experience: Peace, spaciousness
Beliefs: There is just oneness. There are no problems, and no one to "solve" them.
Key Question: No more questions – just knowingness
Benefits: Experience oneness & non-dualism. Unlimited freedom & peace.

ONENESS

THROUGH ME

I cooperate with life happening

Posture: Co-creator
Experience: Allowing, flow, wonder and awe
Beliefs: I am the source of all meaning I experience. Things are perfect, whole and complete. Life handles all apparent "problems."
Key Question: What wants to happen through me?
Benefits: Non-attachment. Unlimited possibility, plenty of everything

SURRENDER

TO ME

Life happens to me



Posture: Victim
Experience: Blaming and complaining
Beliefs: There is a problem. Someone is at fault. Someone should fix this.
Key Question: Why me? Whose fault is this?
Benefits: Experience separateness, drama as entertainment, and adrenaline high. Supports empathy toward others.

RESPONSIBILITY

BY ME

I make life happen



Posture: Creator
Experience: Curiosity, appreciation
Beliefs: Problems are here for me to learn from. I created the problem, so I can solve it.
Key Question: What can I learn? What do I want to create?
Benefits: Personal empowerment. Define your wants & desires.

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	TO ME RESPONSIBILITY	BY ME SURRENDER	THROUGH ME ONENESS	AS ME
MONEY	Scarcity = never enough I work hard to get it My value is attached to it	I want more I can create more It is a measure of my value	It is abundant It is an energy not a thing Measurement is irrelevant	It is just another form It is given and received with freedom and joy
TIME	There is not the right amount I am stressed because of it I'm overwhelmed, busy / bored	I'm in control of my time Time management & systems I use it to do what I want	I have plenty of it There is only now - there is no past or future	I am the source of it It is an illusion - like all other illusions
HAPPINESS	It is a fleeting moment of pleasure (ice cream, vacation, sex). It depends on circumstances	I choose to make myself happy I make happiness if I bring the right ingredients	It is here now It has a deep lasting quality I relax into joy	Happiness is just another state, it is just one of many vibrations passing through
DISCIPLINE	Always too much or too little It's hard; I "should"; "I have to" It is necessary to be good	I choose it (to delay gratification) I use it as a tool to create	It is effortless Having and delaying gratification are equals	Can you find the one who is disciplined?
PURPOSE	What purpose? I should have one and don't I just have roles I play	My purpose I declare it and go out & get it Both takes energy & energizing	Transcendent Purpose No more wanting I receive it through listening	What purpose: Being and purpose are the same Impossible to be off of it
LEADERSHIP	It's a role; I have it or I don't It comes with have-tos, burden and incompetent followers	There are skills/techniques to master which create good or effective leadership	It arises in response to present need; no "one" is the leader in co-creation	There is no one to lead and nowhere to lead to
PREFERENCE	I don't have a right to one or I'm entitled to one Compromise= no one is happy	I value my preference & make it happen; win / win possible Different preferences allowed	I listen for preference and am not attached to the choice I do not give it meaning	Preferences arise without attachment It is based on the present
PARENTING	It's my responsibility; I have to MY children are vessels I put things in (data, values, skills)	Parent and child are equals Children are responsible for their own well being & success	I ask what wants to happen in, as and through this being and our relationship	Who is the parent and who is the child?