

Reid Temple Christian Academy Lunch Menu - September 18th-22nd

Monday	Tuesday	Wednesday	Thursday	Friday
18 Rotisserie chicken brushed w/peach ginger glaze. Buttered Rice OR Yellow Rice w/ gravy. Steamed corn and Broccoli Garden Salad w/ dressing . Cold diced Pears	19 Zesty Pineapple Meatballs, Vegetarian Meatballs, Buttered Seasoned Rice, OR Rice with Quinoa Toss Salad w/ dressing. Assorted cold melon cup.	20 Hot Dog Days Hot dog on a Bun. Potato Tots Sweet peas & Carrot mix. 50/50 Garden Salad, shredded carrots, tomatoes, cucumbers w/ dressing Fruit Medley	21 Oven Baked Chicken Breast, w/Orange zesty glaze. Herbed yukon gold mashed potatoes. Buttered white Rice w/ brown gravy, Salad Mix w dressing Sauteed Green Beans Cold watermelon squares	22 Happy Grandparents Day!!!!!! Home style Chicken Tenders w/ketchup & honey mustard. Crinkle & Straight fries. Tropical Fruit Punch & Apple juice. Apple bread Fresh green Salad w/ kale & spinach Assortment of fresh fruits.