

## The privilege of preparing

Helping a child prepare for the celebration of a Sacrament is a privileged time. As acts of our faith, the celebration of Sacraments should be approached with reverence and faithful hearts.

A helpful approach is to prepare for the preparation process. Ensuring your child has an established base upon which the parish Sacramental preparation and formation programs can build is essential.



445 Kings Hwy S  
Rochester, NY 14617  
(585) 544-8880  
[KateriIroquoit.org](http://KateriIroquoit.org)



**Stepping Stones**

**to**

**Sacramental  
Preparation**

## **Preparing for First Penance & Reconciliation**

Before beginning the preparation for the Sacrament of Penance & Reconciliation it is helpful to work with children on the following topics:

### **Sin**

- Does your child know what sin is?
- Does your child recognize when he/she commits a sin?
- Does your child feel remorse for sinning?

### **Prayers**

- Is your child comfortable with the following prayers?
  - ◇ Our Father
  - ◇ Hail Mary
  - ◇ Glory Be
- Does your child understand that praying is talking to and with God?

### **Relationships**

- Does your child recognize the different relationships he/she has?
  - ◇ With God
  - ◇ With Family
  - ◇ With Friends
  - ◇ With Teachers
- Does your child know that when he/she hurts someone else it hurts his/her relationship with God?

## **Preparing for First Holy Communion**

Before beginning the preparation for the Sacrament of Holy Communion it is helpful to work with children on the following topics:

### **The Mass**

- Is your child familiar with the Mass?
- Can your child participate in the Mass?

### **Reconciliation**

- Has your child received the Sacrament of Penance & Reconciliation?
- Does your child recognize the importance of being free of sin before receiving Communion?

### **Real Presence**

- Is your child aware that the bread and wine become the Body and Blood of Jesus Christ?
- Does your child know that it is through the prayers of consecration that the change happens?

### **Prayers**

- Can your child recite the following prayers used in the Mass?
  - ◇ Glory to God
  - ◇ Nicene Creed
  - ◇ Holy, Holy, Holy
  - ◇ Our Father

## **Preparing for Confirmation**

Before beginning the two-year preparation for the Sacrament of Confirmation in the 8th grade, it is helpful to work with youth on the following topics:

### **Discipleship**

- Is your child aware that as a disciple of Christ he/she is expected to act in a charitable and caring manner?
- Is your child aware that Christians are called to continually form and strengthen their relationship with God and neighbor?

### **Initiation**

- Is your child aware that Confirmation seals his/her baptism?
- Does your child recognize the importance of Mass attendance to the his/her life of faith?

### **Life in the Church**

- Is your child ready to accept the responsibility of a Christian life?
- Is your child aware that Confirmation is not graduation, but rather the beginning of his/her life as full member of the Body of Christ?