

11th

2023
CME Course

Pediatric Dermatology for the Practitioner

Approved for 7.25 AMA PRA Category 1 Credit(s)[™]

Approved by NAPNAP for 7.25 Contact Hours

Saturday,
November 4, 2023
7:30 a.m.–5 p.m.

Hughes Auditorium
Robert H. Lurie Medical Research Center
303 E. Superior Street
Chicago, IL 60611



 **Ann & Robert H. Lurie**
Children's Hospital of Chicago[®]

M Northwestern Medicine[®]
Feinberg School of Medicine

Sponsored by the Division of Dermatology, Ann & Robert H. Lurie Children's Hospital of Chicago and Northwestern University Feinberg School of Medicine, Chicago

Philosophy

Most children presenting to primary care clinics have a dermatologic complaint, whether primary or secondary. Primary care training programs have traditionally offered little formal dermatology instruction for their trainees, and a large proportion of pediatric skin disease is managed by the primary provider.

This course will focus on practical pediatric dermatology for the primary care provider, with emphasis on correct diagnosis, therapeutic options and clinical pearls. The target audience is pediatricians, family practitioners, dermatologists and nurse practitioners/physician assistants.

Lectures this year will cover broad topics including viral skin infections and exanthems, disorders in skin of color, acne, atopic dermatitis, hemangiomas, melanocytic lesions, sun protection, bacterial skin infections, infestations, normal skin variants, the child with acute rash and fever, and social media trends relating to the skin. There will also be two "Guess the Diagnosis!" sessions, with pediatric dermatology textbooks awarded at the end of the day for the top attendee scorers.

Educational objectives

At the conclusion of this course, participants should be able to:

- Utilize painless approaches to treat pediatric warts, appreciate when to refer and understand both traditional and evolving therapies for molluscum contagiosum
- Appreciate clinical pearls in diagnosing and treating a variety of dermatologic conditions in patients with skin of color
- Distinguish concerning skin eruptions from less concerning rashes, including serum sickness-like eruption, erythema multiforme, urticaria and urticaria multiforme, viral exanthems, Kawasaki disease and the mucocutaneous blistering conditions of Stevens Johnson syndrome, Mycoplasma pneumonia-induced rash and mucositis (MIRM), and reactive infectious mucocutaneous eruption (RIME).
- Design an acne therapeutic plan and appreciate evolving acne treatment options
- Adequately treat the pediatric patient with mild to moderate atopic dermatitis, utilize a primary care "topical steroid toolkit" for approaching such patients, incorporate newer therapy options into their therapeutic recommendations, and appreciate the evolving treatment landscape and when to refer for moderate to severe disease
- Decide when to monitor and when to treat (or refer) infants with infantile hemangiomas (IH), appreciate potential IH associations and complications, and safely consider topical therapies in the appropriate setting
- Identify patients with melanocytic nevi who merit dermatology referral, recognize Spitz nevi and malignant melanoma, and educate patients and families on adequate sun protection strategies and skin self examinations
- Recognize atypical viral exanthems including Gianotti-Crosti syndrome, unilateral laterothoracic exanthem, pityriasis rosea (and variants), and enteroviral exanthems including atypical hand-foot-and-mouth disease and eczema coxsackium.

Course information

REGISTRATION

The advanced registration fee is:

- \$275 for practicing physicians
- \$250 for CCPA members
- \$200 for nurse practitioners and physician assistants

The registration fee includes a continental breakfast, lunch, morning and afternoon refreshment breaks, the syllabus, and parking in the garage at Northwestern University's Feinberg School of Medicine (between Superior and Huron streets, one block east of Michigan Avenue).

Registration for this year's course will be offered **ONLINE** only.

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REFUNDS/CANCELLATIONS

Cancellations must be made in writing via e-mail to lburkett@luriechildrens.org in the Division of Dermatology. The paid registration fee, minus a \$50 administrative charge, will be refunded. **No refunds will be granted after October 27, 2023.**

COURSE LOCATION

The course will be held in Hughes Auditorium at Robert H. Lurie Medical Research Center, 303 E. Superior Avenue, Chicago, IL 60611. Directions will be emailed with registration confirmation.

For further information, please contact Loressa Burkett at **312.227.6062** or by e-mail at lburkett@luriechildrens.org.

ACCREDITATION

Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Northwestern University Feinberg School of Medicine Office of Continuing Medical Education designates this education activity for a maximum *7.25 AMA PRA Category 1 credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

National Association of Pediatric Nurse Practitioners (NAPNAP) designates 7.25 contact hours.

SPECIAL NEEDS

If you have special needs, please contact the Division of Dermatology with your request by phone at 312.227.6062 or by e-mail at lburkett@luriechildrens.org **by October 27, 2023.**

ADDITIONAL INFORMATION

Northwestern University Feinberg School of Medicine adheres to the conflict-of-interest policy of the University as well as to the guidelines of the Accreditation Council of Continuing Medical Education and AMA.

Speakers have been asked to disclose any financial or personal relationships with pharmaceutical companies or medical equipment manufacturers that may have relevance to their lectures. Disclosures do not suggest bias but provide registrants with information relevant to the evaluation of speaker presentations.

Proceeds from this conference contribute to the education and training of future pediatric dermatologists in the pediatric dermatology fellowship training program of Ann & Robert H. Lurie Children's Hospital of Chicago. Faculty participants receive no payment for their participation in this course.

Online registration
is available at
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- Appreciate the breadth of presentations of staphylococcal and streptococcal skin infections, recognize mimickers of these infections and appreciate atypical mycobacterial infections in children
- Utilize updated lice therapy recommendations, incorporate newer scabies treatments into their clinical practice, recognize less common infestations such as cutaneous larva migrans, address bedbug bites and infestations
- Utilize clinical pearls for diagnosing and treating pediatric dermatology patients and for collaborating with colleagues in the face of challenging clinical situations
- Confidently recognize normal skin variants and benign pigmentary findings, offer reassurance when indicated, distinguish when to refer as appropriate
- Relate to social media trends as they pertain to skin disorders or skin care and our patients, recognize and counsel against potentially dangerous trends from a variety of platforms including YouTube, TikTok and Instagram
- Test their knowledge on diagnosis and treatment of pediatric dermatological “unknowns”

Program agenda

TIME	TALKS	FACULTY
7:30–8:15 a.m.	REGISTRATION AND CONTINENTAL BREAKFAST	
8:15–8:25 a.m.	Welcome and Housekeeping Notes	Anthony J. Mancini, MD
8:25–8:50 a.m.	Pearls in Diagnosis and Treatment in Skin of Color	Brandi M. Kenner-Bell, MD
8:50–9:15 a.m.	Treating Acne in the New Era of Acne Therapy	Amy S. Paller, MD
9:15–9:40 a.m.	No Worry! Benign Skin Variants and Pigmentary Changes	Karina L. Vivar, MD
9:40–10:05 a.m.	Acute Rash and Fever in Children — Where to Start?	Lacey L. Kruse, MD
10:05–10:15 a.m.	Guess the Diagnosis! Part 1	Duri Yun, MD
10:15–10:30 a.m.	Question and Answer Session	Brandi M. Kenner-Bell, MD Lacey L. Kruse, MD Amy S. Paller, MD Karina L. Vivar, MD
10:30–10:50 a.m.	REFRESHMENTS/VISIT THE EXHIBITS	
10:50–11:15 a.m.	Moles, Spitz Nevi and Sun Protection — A Practical Approach	Annette M. Wagner, MD
11:15–11:40 a.m.	What I’ve Learned — Lessons and Pearls from a Pediatric Dermatology APRN	Megan E. Reynolds, APRN

TIME	TALKS	FACULTY
11:40 a.m.–12:05 p.m.	Bacterial Skin Infections in Children: Staph, Strep and Beyond!	Anthony J. Mancini, MD
12:05–12:15 p.m.	Guess the Diagnosis! Part 2	Sarah L. Chamlin, MD
12:15–12:35 p.m.	Question and Answer Session	Anthony J. Mancini, MD Megan E. Reynolds, APRN Annette M. Wagner, MD
12:35–1:15 p.m.	LUNCH/VISIT THE EXHIBITS	
1:15–1:40 p.m.	Cutaneous Critters — Scabies, Lice and Other Human Nuisances	Karina L. Vivar, MD
1:40–2:05 p.m.	Why So Rash? Exanthems in Children	Lacey L. Kruse, MD
2:05–2:30 p.m.	Social Media Trends and Pitfalls in Pediatric Dermatology	Brandi M. Kenner-Bell, MD
2:30–2:45 p.m.	Question and Answer Sessions	Brandi M. Kenner-Bell, MD Lacey L. Kruse, MD Karina L. Vivar, MD
2:45–3:05 p.m.	REFRESHMENTS/VISIT THE EXHIBITS	
3:05–3:30 p.m.	Should This Hemangioma Concern Me? A Primer and Update	Sarah L. Chamlin, MD
3:30–3:55 p.m.	Atopic Dermatitis in Kids – Where are We Now? Where are We Going?	Anthony J. Mancini, MD
3:55–4:20 p.m.	Warts and Molluscum: Is There Anything New?	Duri Yun, MD
4:20–4:40 p.m.	Answers to Guess the Diagnosis!/Awards	Sarah L. Chamlin, MD Anthony J. Mancini, MD Duri Yun, MD
4:40–5 p.m.	Q&A/Ask the Pediatric Dermatologist	All Faculty
5 p.m.	ADJOURN	

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About the presenters

The presenters below are on staff at Ann & Robert H. Lurie Children's Hospital of Chicago and hold academic appointments at Northwestern University Feinberg School of Medicine as indicated.

Anthony J. Mancini, MD

Program Director

Head and Associate Fellowship Program Director,

Division of Dermatology

Attending Physician

Professor of Pediatrics and Dermatology

Sarah L. Chamlin, MD

Program Co-Director

Attending Physician

Professor of Pediatrics and Dermatology

Duri Yun, MD, MPH

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Brandi M. Kenner-Bell, MD

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Lacey L. Kruse, MD

Program Director, Pediatric Dermatology Fellowship

Attending Physician

Associate Professor of Pediatrics and Dermatology

Amy S. Paller, MD

Attending Physician

William J. Hamlin Professor and Chair of

Dermatology/Professor of Pediatrics

Megan Reynolds, APRN, CPNP-PC

Pediatric Nurse Practitioner

Karina L. Vivar, MD

Attending Physician

Assistant Clinician of Pediatrics and Dermatology

Annette M. Wagner, MD

Attending Physician

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