



## **2021 Lenten Activities and Resources**

Lent is the 40 day period in the Church year set aside for the spiritual preparation for Easter. It is a time of renewal where we recall our baptism and new members prepare for their baptism. It is also a time of penance where we seek forgiveness and reconcile ourselves to God, the Church and members of our community. Lent begins on Ash Wednesday (February 17th) and lasts until the Mass of the Lord's Supper (Holy Thursday April 1st). Lent prepares us to celebrate more fully the death and resurrection of Jesus.

**Lenten Online Devotional** - Lent presents a wonderful time to explore Scripture in our daily prayer, so reflect each day with the Scripture-based inspiration of Living Lent Daily, an email series from Loyola Press.. Each day you'll receive a message with one of these reflections and a link to pray the 3-Minute Retreat that inspired the words. The messages also include suggestions for further exploration of Lenten themes through additional online articles and prayers.

To sign up to receive the daily messages from Ash Wednesday through Easter Sunday visit the following website

<http://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/living-lent-daily>

**Lenten Almsgiving Project** - This Lent our school community will again partner with Catholic Relief Services' (CRS) Rice Bowl program. CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program for parishes, schools and families. The program invites Catholics to live in solidarity with our poorest and most vulnerable brothers and sisters through the three Lenten pillars of praying, fasting, and almsgiving. Participants journey throughout the forty days of Lent with the daily reflections included in the Lenten Calendar, offering small, suggested sacrificial gifts to fill their Rice Bowls as they read and watch Stories of Hope from individuals and communities whose lives have been changed by CRS Rice Bowl funds which serves those in need globally and here is our Diocese.



**Dates/Activities** - Listed below are important additional events to help students live out the pillars of Lent. Unfortunately due to Covid, parents are unable to join us but check the newsletter and school calendar for live stream links.

- 2/17 Ash Wednesday School Mass
- 3/5 Reconciliation in the church for grades 4,6,8
- 3/10 Reconciliation in the church for grades 3,5,7
- 3/24 Adoration of the Blessed Sacrament
- 4/1 Living Stations of the Cross
  - 4/1 Students bring CRS almsgiving boxes to pledge and prayer