



Hungry Wolf Café

March 2023

 Magnificent MONDAY	 Taco TUESDAY	 Worldly WEDNESDAY	 Thankful THURSDAY
		1 Mac and Cheese Green Bean, Roasted Parsnips and Sundried Tomato Seasonal Fruit	2 **Mary Frances' Meatballs and Spaghetti Roasted Broccoli Seasonal Fruit Chocolate Chip Cookie
6 Grilled Ham and Cheese Baked Lays Chips Garden Salad Seasonal Fruit	7 **Hartley's Hard Shell Chicken Taco Crunchy Romaine, Black Beans, Guacamole and Seasonal Fruit Chocolate Chip Cookie	8 Beef Broccoli Carrots and Snow Peas Brown Rice & Fortune Cookie Seasonal Fruit	9 Cheese Pizza Antipasto Salad Celery Sticks w Ranch Seasonal Fruit
13 Chicken, Spinach, and Apple Wrap Sun Chips and Hummus Dip Seasonal Fruit	14 Beef Enchiladas Refried Beans and Spanish Rice Salsa and Sour cream Seasonal Fruit	15 Orange Chicken Drumstick Fried Rice Sauteed Bok Choy and Carrot Fortune Cookie Seasonal Fruit	16 **Breakfast with the Kelley's Chocolate Chip Pancake Scrambled Eggs w/ Bacon Breakfast Potato, Fresh Berries, Chocolate or Regular Milk
20 SFX Chicken Tenders "Mock" Mashed Potato (Cauliflower and Parsnips) Roasted Brussels w Bacon. Seasonal Fruit	21 Carnitas Burrito Bowl Cilantro Rice, Pinto Beans, Fajita Veggies & Pico de Gallo Seasonal Fruit	22 Baked Ziti (No Meat) Roasted Green Beans Whole Wheat Roll Seasonal Fruit	23 SFX Cheeseburger Day Steamed Carrots, French Fries Lettuce and Tomato Garnish Seasonal Fruit
27 Fish and Chips Cole Slaw Tarter Sauce or Special Sauce Seasonal Fruit	28 Bean and Cheese Tostada Pico de Gallo & Crunchy Romaine Roasted Brussel Sprouts Seasonal Fruit	29 **Everly's Perfect Chicken Pita French Fries Cucumber and Tomato Garnish Tzatziki Sauce Seasonal Fruit	30 Citrus Glazed Salmon Brown Rice Asparagus Seasonal Fruit

This month's featured local item is **PARSNIPS!** Parsnips will be served in select hot lunches and salad bar during the month of March.