

Event sponsors:



Prata Health

To register, click the link
or scan the QR code:

Registration



Barrow Alzheimer's and Memory Disorders Program **2026 Fall Symposium**

Navigating Dementia Care: A Symposium for Care Partners

"Beyond the Diagnosis: Navigating the Realities of Dementia Care"

Presented by Tom Finkelstein, MD

Moving "beyond the diagnosis," this session offers care partners a foundational understanding of dementia's underlying medical realities. Dr. Finkelstein will explain how different dementia types such as Alzheimer's, Lewy body, frontotemporal, and vascular dementias impact cognitive and functional abilities, focusing on how care needs evolve over time. Attendees will gain practical medical insights into symptom management, behavior strategies, and current treatment approaches, fostering greater confidence and informed decision-making in their caregiving roles.

"Sustaining Care: Emotional Well-Being for Care Partners"

Presented by Michelle Zipser, LCSW

In the session, Michelle Zipser, LCSW, will explore how the caregiving role must adapt as dementia progresses. Attendees will receive guidance on navigating the shift from joint to sole decision-making and complex family dynamics. The presentation will discuss the disease's psychological effects, such as ambiguous loss and the grief associated with mourning a life once envisioned. Furthermore, the session will highlight practical self-care strategies to help care partners prioritize their needs and sustain their personal well-being throughout the caregiving process.

Thursday, Sept. 24, 2026
10:00a.m. - 2:30p.m.(Arizonatime)

The hybrid event is hosted via Zoom webinar **and** live in-person at:

Phoenix Collaboration Center
3033 North Third Avenue, Phoenix, AZ 85013

Lunch will be provided

Continued on next page

This Event is Free of Charge

Registration is required and must be completed by Sept. 18, 2026.

If you have any questions, contact Tania Gomez-Morales at (602) 406-2792 or Tania.GomezMorales@CommonSpirit.org