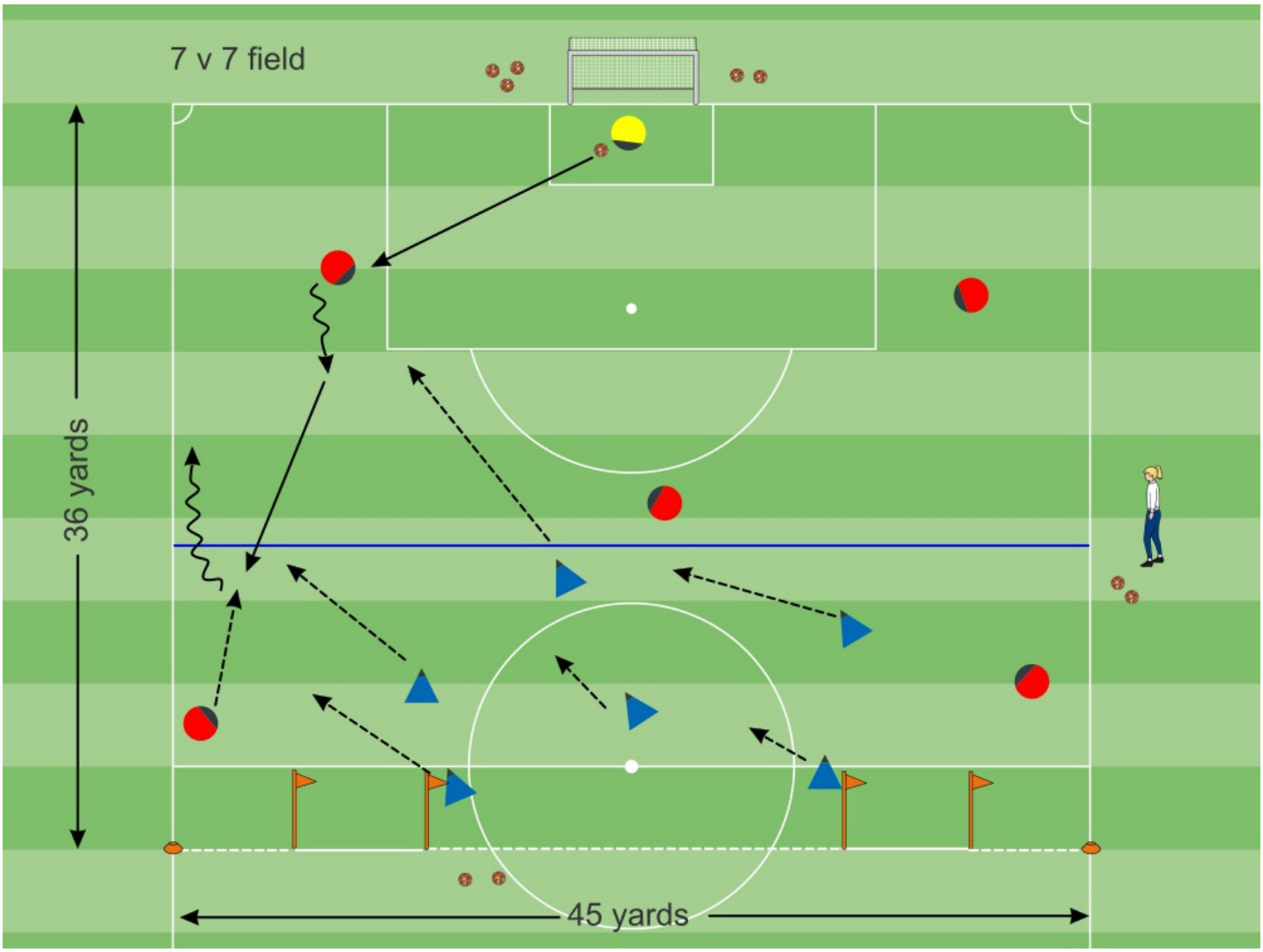


NOTES: Organize your players in this practice with the Build out line to focus on working to stop the opponents moving the ball forward.