

# Celebrate Recovery®

## Things We Are:

- A safe place to share
- A refuge
- A place of belonging
- A place to care for others and be cared for
- A place where respect is given to each other
- A place where confidentiality is highly regarded
- A place to learn
- A place to grow and become strong again
- A place where you can take off your mask
- A place for healthy challenges and healthy risks
- A possible turning point in your life

## Things We Are Not:

- A place for selfish control
- A place for therapy
- A place for secrets
- A place to look for dating relationships
- A place to rescue or be rescued by others
- A place for perfection
- A place to judge others
- A quick fix

W E L C O M E

# CELEBRATE RECOVERY

A CHRIST-CENTERED RECOVERY PROGRAM

We meet @ First United Methodist Church  
220 Sandusky Street  
Ashland, OH - *Beginning 1/17/18*

Wednesday Evenings 6:30-8:30 p.m.

Come as you are...All are Welcome!

A Ministry of Christ UMC, First UMC, Faith  
UMC, & Nankin Community Church

## What is Celebrate Recovery?

A Christ centered program that gives people the resources and relationships to help recover from life's hurts, habits, and hang-ups. This is a program for anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them. The purpose of Celebrate Recovery is to fellowship and celebrates God's healing power in our lives through the Eight Recovery Principles found in the Beatitudes and Christ-Centered Twelve Steps. As we progress through the program we discover our personal, loving and forgiving Higher Power Jesus Christ, the one and only true Higher Power.

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220 Sandusky St., Ashland  
Wednesday Evenings, 6:30-8:30  
[www.fb.me/CelebrateRecoveryAshland](http://www.fb.me/CelebrateRecoveryAshland)

*CR Ministry Sponsored by:*  
Christ United Methodist Church  
First United Methodist Church  
Nankin Community Church  
Faith United Methodist Church

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## Newcomers 101

This is where everybody starts - learn how Celebrate Recovery works!

### *Share Groups at Celebrate Recovery Ashland*

#### Men's Groups

##### **Welcome Home, Veterans - Men**

Many military families miss the camaraderie and sense of mission that the military culture provides, making transition to civilian life difficult. This group can help us recapture some of that sense of brotherhood and sense of mission and gives us opportunities to discuss what is happening in our lives and how we can reach out to other veterans struggling with hurts, hang ups and habits.

##### **Open Share Mixed Issues - Men**

This is a group that will help you address and begin the healing process for your hurt, hang-up, or habit. Your struggle is important to us, and we look forward to walking with you on your unique recovery journey.

#### Women's Groups

##### **Open Share Mixed Issues - Women**

This is a group that will help you address and begin the healing process for your hurt, hang-up, or habit. Your struggle is important to us, and we look forward to walking with you on your unique recovery journey.

#### Kids/Teens Groups

**\*The Landing (12-17 years old)** A safe place for teens to share and learn. Group is gender-specific for open share time.

**\*Celebration Place (5-11 years old)** A program for children to teach them the recovery principles, equipping them to make better choices in life – a safe place to grow and heal.

##### **Nursery (0-3 years old)**

*\*The entire family works on the same lessons and principles each week*