

## SUICIDE PREVENTION & AWARENESS VIRTUAL WALK



THE 4TH ANNUAL SUICIDE AWARENESS &  
PREVENTION WALK WILL BE GOING VIRTUAL  
THIS YEAR!

September 21-27, 2020



The actual "walk" date is September 27, but the event is open from September 21-27 for anyone to share their story on social media. Share your picture, story or thoughts to the social media platform of your choice and add #AshlandWalks4Awareness to spread awareness.

**REGISTER @ [WWW.ASHLANDMHRB.ORG/WALK-2020](http://WWW.ASHLANDMHRB.ORG/WALK-2020)**  
**GET A FREE T-SHIRT (LIMITED QUANTITIES)**