

Missouri Suicide Prevention Links

[Crisis Text Line](#)

Text HELLO to 741741 and speak anonymously to a crisis counselor. FREE, 24/7 support

[National Suicide Prevention Lifeline](#) : 800-273-8255 (Veterans press 1)

[TLC \(Talk, Listen Care\) Warmline](#) : Toll Free: 877-626-0638 (4-10 pm 7/365)

[Mental Health Association of the Heartland Compassionate Ear Warmline](#)

Toll-free: 866-927-6327 - English: 4–10 pm 7/365 ; Spanish: 5–8 pm M-F

[Depressive, Manic-Depressive Association of St. Louis Friendship Line](#)

Toll-free: 866-525-1442

[Central Missouri Crisis Hotline](#) : Toll-free: 800-833-3915

[National Alliance on Mental Illness Missouri Warmline](#)

Toll Free: 800-374-2138 ; Hours: 9 am–9 pm M–F