



# Pascha: The Resurrection of Jesus Christ

## Resource Overview for Parents and Families

### Scripture Readings

#### Epistle/Apostol:

Acts 1:1-8

#### Gospel:

John 1:1-17

### Troparion/Apolytikion – T5 / Pl.1

Christ is risen from the dead, trampling down death by death  
And upon those in the tombs bestowing life!

### Kontakion – Tone 8 / Plagal 4

You descended into the tomb, O Immortal, You destroyed the power of death!  
In victory You arose, O Christ God, proclaiming "Rejoice" to the myrrbearing women, granting peace to Your apostles, and bestowing resurrection on the fallen.

### Today We Learned About

#### Scripture

- Acts of the Apostles 1:1-8
- John 1:1-17

#### Questions for Your Kids

- What is the promise Jesus speaks of in today's Epistle reading?  
*(Hint: It relates to Pentecost...)*
- What does today's gospel reading tell us about Jesus?
- How does John the Baptist describe Jesus?

#### Learn and Discover Together

- How can we be like the apostles in the world?
- Why do we say that Jesus is the Light of the world?

#### Liturgical Life

- Paschal hymns

- How many times do we sing "Christ is risen..." on Pascha?
- How does it feel to celebrate the Resurrection?
- How can we give glory to God today?

- What are some of the special hymns we sing for the Paschal liturgy?
- Why do we begin celebrating Pascha at midnight?  
*(Hint: We can't wait, because it's so special...)*

#### Feasts & Saints

- The Resurrection

- How do we celebrate the Resurrection with our church family?
- Why is the resurrection important for each of us?
- What can we do to celebrate Pascha?

- Let's read about the feast of Pascha: <http://bit.ly/HolyPascha>
- Why does the church have special hymns for Pascha?

#### Daily Living

- The Joy of Pascha at Home

- How can we celebrate Pascha at home?
- Why do we eat special foods on Pascha?
- How can the joy of Pascha impact our daily activities at school? at home? at church? with friends?

- Why is it important for us to celebrate Pascha for 40 days?  
*(Hint: The Resurrection is wonderful news, that should inspire us to joy and glorifying God...)*
- How do we give thanks to Jesus Christ for the gift of salvation?  
*(Hint: Follow His teachings...)*

#### Learn More...

Study guides for different age groups are available to accompany the "This is the Day" handout for Pascha.

Use as many or as few of the questions and discussion topics to help children learn about the feast while discovering how the Orthodox Faith can be a part of their daily life.

Ask open-ended questions which may lead the conversation to reveal their thoughts about God.

As parents, we may not readily have all the answers, but we have the ability to inspire a desire in children to love God, which can benefit them throughout their lives.

#### In the Weeks Ahead...

There is no fasting from Pascha through Bright Week. Normal Wednesday and Friday fasting returns after St. Thomas Sunday.

**Today:** Pascha: The Resurrection

**Bright Week:** Monday through Saturday

**Next Sunday:** St. Thomas Sunday

**40 Days:** Ascension

**50 Days:** Pentecost

