



Hello Child Care Providers, Head Start Teachers, and Directors,

Join us for a fun day full of great presenters who will provide you with fabulous educational resources and information!!!!

You are invited to the ***“Finding Your Rhythm”*** Multi-County Child Care Providers’ training to be held Saturday, August 12, 2023 from 8:00 a.m.- 3:00 p.m. at the Gruene United Methodist Church, 2629 E. Common Street, New Braunfels, TX 78130. The conference will be held in the Mission and Outreach Building.

Sign-in begins at 8:00 a.m. and training starts promptly at 8:15 a.m. Refer to the agenda & flyer for more details.

Registration Fees/Details-Register online or by QR code provided on the flyer:

- **Early registration** by August 4, 2023\$60.00
- **Late registration** from August 5-August 8, 2023.....\$75.00

NOTE: You may substitute a participant for someone who is not able to attend.

Your Registration Includes:

- A tostada bar for lunch, afternoon snacks, water, tea and coffee.
- Five **(5)** training clock hours will be earned. Certificates will be given to each participant at the conclusion of the program. **Participants must attend the entire training for credit to be given.**
- A chance to win a door prize.

For questions contact me at jymann.davis@ag.tamu.edu or call (830) 620-3440 ext. 3133.

I look forward to seeing you.

*Jymann Davis, M.S., CFCS,
Family and Community Health
County Extension Agent, Comal County*

FINDING YOUR RHYTHM

Gruene United Methodist Church
2629 E. Common Street/New Braunfels, TX 78130
(Conference will be held in the Mission and Outreach Building)

CHILD CARE PROVIDERS | HEAD START TEACHERS | DIRECTORS TRAINING

AUGUST 12, 2023 | 8 A.M.– 3 P.M.

REGISTRATION at <https://agriliferegister.tamu.edu/756337>



TRAINING OBJECTIVES



- Maintain state license standards pertaining to disabilities
- Develop early communication skills
- Manage challenging behaviors
- Read & learn nutrition facts
- Achieve healthy growth & development
- Promote social & emotional learning

TEXAS A&M
AGRI LIFE
EXTENSION

Don't miss this opportunity to earn 5 hours of continuing education.

Conference Fee Per Participant

Registration: \$60

June 15—August 4, 2023

Late Registration: \$75

August 5—August 8, 2023

Enjoy a tasty lunch, win a door prize, and gain great resources.

SESSIONS

- ▶ State License Regulations for Children with Special Needs
- ▶ Making Your Own Rhythm
- ▶ Manage Behavior and Boost Resilience - Better Mental Health for All
- ▶ Wellness & Nutrition For You
- ▶ Building a Foundation for Children's Healthy Development
- ▶ Food, Fun, and Reading

Hosted by
Texas A&M AgriLife Extension:

Jymann Davis, Comal County
Elsie Lacy, Caldwell County
Sonia Coyle, Travis County
Gayle Bludau, Gonzales County
Kate Blankenship, Hays County
Dru Benavides, Guadalupe County

“FINDING YOUR RHYTHM”

August 12, 2023

**Gruene United Methodist Church
2629 E. Common Street, New Braunfels, Texas 78130**



Hosted by County Extension Agents serving Caldwell, Comal, Gonzales, Guadalupe, Hays, & Travis Counties

PROGRAM SCHEDULE

8:00 a.m.	Sign-in
8:15-8:30 a.m.	Welcome
8:30-9:30 a.m.	“State License Regulations for Children with Special Needs” Jamie Mote-State License Representative
9:45-11:45 a.m.	“Manage Behavior and Boost Resilience – Better Mental Health for All” Dr. Lakshmi Mahadevan, Texas A&M AgriLife Extension Service- Associate Professor/Extension Mental Health and Wellbeing Specialist
11:45-12:30 p.m.	Lunch
12:30-12:45 p.m.	Making Your Own Rhythm -Elsie Lacy, CEA-FCH, Caldwell Co.
12:45-1:00 p.m.	Wellness & Nutrition for Yourself -Sonia Coyle, CEA-FCH, Travis Co.
1:00-2:00 p.m.	“Building a Foundation for Children’s Healthy Development” Dr. Stephen Green, Texas A&M AgriLife Extension Service- Program Director, Family and Community Health Professor and Child Development Specialist, Regents Fellow
2:00-2:30 p.m.	Food, Fun & Reading -Elsie Lacy, CEA-FCH, Caldwell Co. Kate Blankenship, CEA-FCH, Hays Co.
2:30-3:00 p.m.	Presentation of Certificates, Wrap-Up & Door Prizes

Thank You

Gruene Tree Learning Center & Gruene United Methodist Church for graciously sharing your meeting space.