



Let's Walk For Health Together 8-Week Walking Challenge

Starting March 28th- May 23rd
Every other Tuesday from
11:30am-12pm
(3/28, 4/11, 4/25, 5/9, & 5/23)



2023

Let's Walk-n-Talk
Fruit & Veggie Series

Get Registered!
Start a Healthy Habit!
Get Fit! Have Fun!

Both Team & Individual
PRIZES will be AWARDED!

For more information contact:
Beth Collier
830-438-3111
bcollier@bsbac.com
BSBAC Outreach Coordinator
Texas A&M AgriLife Extension
Master Wellness Volunteer



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