THE GRAY CENTRE FOR MOBILITY AND ACTIVITY at Parkwood Institute

LAWSON Research Institute
ST. JOSEPH'S HEALTH CARE LONDON

Are you someone who lives with musculoskeletal (e.g., muscle, bone, or joint) health problems or a caregiver partner of a person with musculoskeletal disorders in Southwestern Ontario, Canada?

We are researchers from the Gray Center for Mobility and Activity at Parkwood Institute (Main) at St. Joseph's Health Care London looking for participants willing to participate in research to explore an integrated care approach for people with chronic musculoskeletal (MSK) disorders.

You are eligible to participate if you are:

- 18 years or older
- An individual with chronic musculoskeletal disorders (i.e., disorders longer than 3 months) or
- Caregiver partner of a person with chronic musculoskeletal disorders

Am I compensated for my time?

Yes- you will be compensated for your participation time.

What does participation involve?

You can choose to participate in:

- **Individual interviews** (~1 hr): conducted over the phone, using MS Teams, or in person based on your choice,
- **Focus group discussion (**~1.5 hr) to co-design an integrated care pathway for people with chronic MSK disorders, conducted virtually using MS Teams, or
- **Both** individual interviews and focus group discussions.

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