



 **ConnectMyHealth**

- Empower your health journey -

Free, online access to your health records

info.ConnectMyHealth.ca

Access Your Health Records for Free!

Learn about the ConnectMyHealth portal and get help registering for your account!

ConnectMyHealth is southwest Ontario's patient portal that provides **free and secure** access to your **health records** from participating **hospitals** in the region.

Tuesday, October 21, 2025

Registration Required: Call the library at **519-245-1290** or register online at **library.middlesex.ca/events**

Register for one session: **10:00am – 12:00pm**
1:00pm – 3:00pm

Drop in anytime within the 2 hours.

Strathroy Library,
34 Frank St., Strathroy, Ontario, N7G 3J4

Be sure to bring:

1. Your own device (cell phone, tablet or laptop computer)
2. Your valid Ontario Health Card & a secondary piece of government-issued identification
3. You must also know your personal email address

Funded by



**Ontario
Health**

In Partnership With



ConnectMyHealth is operated by Hamilton Health Sciences