



# Don't Let a Minor Illness or Injury Turn into a Major Hassle.

## We Have Four Convenient Urgent Care Locations

If you or a loved one need to see a doctor soon, but it's not an emergency, Community Memorial offers urgent care that's quick, convenient, and staffed by board-certified physicians.

Community Memorial Urgent Care is perfect when you can't get in or don't have a regular doctor. And they're typically much faster and less expensive than going to the emergency room.

### **Camarillo**

422 Arneill Road, Suite A & B  
805-383-4520

Accepting appointments and walk-ins  
Monday – Friday, 9:00 am – 7:00 pm  
Saturday, 9:00 am – 7:00 pm  
Sunday, closed

### **Ventura**

2721 East Main Street  
805-667-2841

Accepting appointments and walk-ins  
Monday – Friday, 8:00 am – 8:00 pm  
Saturday, 10:00 am – 4:00 pm  
Sunday, closed

### **Santa Paula**

242 East Harvard Boulevard, Suite C  
805-525-9595

Accepting appointments and walk-ins  
Monday – Sunday, 9:00 am – 8:00 pm

### **Oxnard**

2921 Saviers Road  
805-487-5585

Accepting appointments and walk-ins  
Monday – Friday, 8:00 am – 8:00 pm  
Saturday & Sunday, 9:00 am – 8:00 pm

For information on when to visit Urgent Care, the Emergency Department, or call an ambulance, see the back of this flyer.

## Is It an Emergency, or Just an Urgency?

### When to Call an Ambulance, Go to the Emergency Room, or Visit Urgent Care.

When seeking medical care, taking a minute before deciding where to go can mean better, more efficient care for everyone. And it can even save your life!

SYMPTOM	URGENT CARE	EMERGENCY	911/AMBULANCE
Minor fractures, sprains, strains	X		
Allergies & asthma	X		
Cold, flu, earache, headache, or sore throat	X		
COVID-19 Testing & treatment	X		
Minor allergic reactions, rashes, and skin conditions	X		
Upset stomach, diarrhea	X		
Urinary tract infections	X		
Minor cuts or burns	X		
Fever under 105°F	X		
Fever over 105°F		X	
Severe breathing problems		X	
Deep cuts or wounds		X	
Unconsciousness		X	
Major injury or severe bleeding		X	
Overdose or poisoning		X	
<b>Possible heart attack*</b> <ul style="list-style-type: none"> <li>• Chest pain/discomfort</li> <li>• Sudden dizziness/weakness</li> <li>• Heartburn, nausea, or abdominal pain</li> <li>• Difficulty breathing</li> <li>• Pounding heart/change in heart rhythm</li> </ul> <small>* In women, signs of a heart attack are less severe and often not accompanied by chest pain or discomfort.</small>			X
<b>Potential stroke</b> <ul style="list-style-type: none"> <li>• Sudden numbness or weakness of the face, arm, or leg, especially on one side of the body</li> <li>• Sudden confusion, trouble speaking, or understanding</li> <li>• Sudden trouble walking, dizziness, or loss of balance/coordination</li> <li>• Sudden trouble seeing out of one or both eyes</li> <li>• Sudden, severe headache with no known cause</li> </ul>			X