

The Woodcliff Lake Swim Team

SWIM WITH SHARKS



Our swim team is open to members of the Old Mill Pool, ages 5-17, who can swim one lap (25m) unassisted.

Our season starts 6/17 and ends 7/26.

Practices are M-F, 5:30-6:30pm (ages 5-10) and 6:30-7:30pm (ages 11+).

Meets are held M & W in July, 4:30-8pm (no practice on meet days).

Register now at [wclnj.com!](http://wclnj.com)



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woodclifflakeswim@gmail.com