



Ninth period enrichment

Spring 2019

What is it?

The Ninth Period Enrichment Program is unique to the Woodcliff Lake Schools. It is a student-centered, teacher-run after-school program for all 4th through 8th graders. District teachers develop each course in its entirety. Thus, a wide range of enrichment opportunities is available from which to choose this session! Dates for specific courses vary; the Spring session runs from Monday, February 4- Thursday, April 18, 2019.

Is there a cost?

There is **no cost**! Ninth Period courses fall into one of two categories – academic and extra-curricular. Both types are *free of charge* and funded by the Board of Education. In future sessions, courses marked as extra-curricular in this catalog may have a nominal charge applied.

How do we enroll?

Peruse the course offerings in Dorchester and Woodcliff below. If you would like to enroll in a course, simply **click the link under the course name**. This will bring you to the online sign-up form (there is no paper sign-up). Once submitted, your child is enrolled for that course. For many of the courses, **space is limited and filled on a first-come first-serve basis**. Low enrollment may be cause for cancellation of a course. Please be sure to check availability for course dates and confirm that your child will be able to make all courses. Please also be sure that you have checked the days of each course. If you are enrolling for more than one course, make sure that the courses do not fall on the same day. This ensures that students who wish to participate get a spot.

Peer Tutoring & Homework Habitat:

Please see the first two course offerings in the Woodcliff Middle School section of the catalog for information. All correspondence should go to Mrs. Loeb (sloeb@woodcliff-lake.com)

REGISTRATION BEGINS WEDNESDAY, JANUARY 23 AND CLOSES MONDAY, JANUARY 28.

Where do I get more information?

Feel free to contact Dr. Sullivan at Sullivan@woodcliff-lake.com for questions about Woodcliff courses and Mrs. Marchese at dmarchese@woodcliff-lake.com for questions about Dorchester courses!

DORCHESTER ELEMENTARY

COURSE CATALOG

******Please note- Fun with French and Celebrate Spanish will be offered to 3rd graders only!**

Battle of the Books

[Click here to enroll in this class](#)

<u>Offered by:</u> Mrs. Nadzan	<u>Open to students in grades:</u> 5th-6th grade students	<u>Location:</u> Dorchester Room 36
Tuesdays 2:45-3:45	<p>Get ready for the 2019 Battle of the Books! The students participating in this session must already be grade 5/6 Battle of the Books members. In this course, we will be holding mock battles, discussing the required books together, & having a lot of fun preparing for the upcoming competition!</p> <p>**Please note that 6th grade students will be traveling to Dorchester School for this course</p>	<p>Dates:</p> <p>2/5, 2/26, 3/5, 3/12, 3/19, 3/26, 4/9, 4/16</p> <p>8 Sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p>**Maximum number of students: 10</p>

Brain Teasers

[Click here to enroll in this class](#)

Offered by:

Mrs. Lauren

Open to students in grades:

4th-5th grade students

Location:

Dorchester Room 60

Fridays
2:45-3:45

Exercise your brain power! Solve challenging riddles and puzzles that will stimulate your thinking skills in a fun way!

Dates:

2/8, 2/15, 2/22, 3/1

4 Sessions

Please be sure a commitment to these meeting dates is possible before enrolling.

***Maximum number of students: 8*

Beginner's Ballet

[Click here to enroll in this class](#)

<u>Offered by:</u> Ms. Hoffman	<u>Open to students in grades:</u> 4th-5th grade	<u>Location:</u> Dorchester Room- TBA
Mondays 2:45-3:45	<p>This beginner's ballet course would be a great way to enhance posture, social skills, confidence, and raise endorphins as well as providing a means of creative expression.</p> <p>In this course, we will learn all of the basics of ballet needed as a foundation to go on to practice the art. There will be barre exercises, floor exercises, and across the floor exercises to reach all aspects of the practice.</p> <p>Students may wear socks with grips on them, ballet slippers, or jazz shoes (which I will be wearing) and would need to be wearing something they can easily move around in. Leotards and tights, etc. are not necessary but welcome.</p>	<p>Dates:</p> <p>2/4, 2/11, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15</p> <p>10 Sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>**Maximum number of students: 10</i></p>

Celebrate Spanish

[Click here to enroll in this class](#)

<u>Offered by:</u> Mrs. Mangini	<u>Open to students in grades:</u> 3rd Grade Only	<u>Location:</u> Dorchester Room TBA
Mondays 2:45-3:45	Hola (Hello!) Curious about Spanish language and culture? Are you thinking about taking Spanish in 4th and 5th grade? Join Celebrate Spanish for a fun introduction to Spanish words, numbers and phrases that help us learn about Spanish culture. If you like games and learning new things, this is the club for you!	Dates: 2/4, 2/11, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1. 8 Sessions <i>Please be sure a commitment to these meeting dates is possible before enrolling.</i> <i>**Maximum number of students: 10</i>

Dorchester School Newspaper

[Click here to enroll in this class](#)

<u>Offered by:</u> Mr. Offerjost	<u>Open to students in grades:</u> 4th-5th grade students	<u>Location:</u> Dorchester Room 15
Thursdays 2:45-3:45	Calling all newsies! In this course we will create a monthly newspaper for the students, parents and staff of Dorchester Elementary School. We will focus on current events in the school and local community, as well as highlight student achievements. During our meetings, we will assign stories and spend time editing articles, but keep in mind that the course will also involve deadlines and independent writing on the student's own time. This course is perfect for both independent workers and those who thrive when working with a team. There is nothing more rewarding than seeing your article printed and read by family and friends!	<p>Dates:</p> <p>2/7, 2/14, 2/21, 2/28 3/7, 3/14, 3/21, 3/28, 4/4, 4/11</p> <p>10 Sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>**Maximum number of students: 15</i></p>

Fun with French

[Click here to enroll in this class](#)

Offered by:

Mrs. Lake

Open to students in grades:

3rd Grade only

Location:

Dorchester Room 57

Tuesdays

2:45-3:45

Bienvenue mes amis! Like all things French? You came to the right place! In our program, we will dive into the country of France and explore the culture and language. We will focus on learning the language in order to develop basic conversational skills. Come join me on this fun journey across the Atlantic! No prior experience of French is required.

Please note: Due to the academic nature of this enrichment, please ensure your child is fully invested and interested in learning the language as it will require some effort.

Dates:

2/12, 2/26, 3/5, 3/12, 3/19, 3/26,
4/2, 4/9, 4/16

9 Sessions

Please be sure a commitment to these meeting dates is possible before enrolling.

***Maximum number of students: 10*

Kickball

[Click here to enroll in this class](#)

Offered by:

Ms. Glass

Open to students in grades:

4th-5th grade students

Location:

Dorchester Room 29/outside

Thursdays

2:45-3:45

Kickball is a classic game that allows for the students to engage in a recreational activity while learning how to cooperate and be a part of team. Each week students will be working with different teammates and participate in a variety of team building activities before/during/after the Kickball match.

****Rain day, game day activities will be held indoors!**

Dates:

2/7, 2/14, 2/28, 3/7, 3/14, 3/21,
3/28, 4/4, 4/11


9 Sessions

Please be sure a commitment to these meeting dates is possible before enrolling.

***Maximum number of students: 18*

Paper Quilling 101

[Click here to enroll in this class](#)

<p><u>Offered by:</u> Mrs. Sajban</p>	<p><u>Open to students in grades:</u> 4th-5th grade students</p>	<p><u>Location:</u> Dorchester Room 28</p>
<p>Tuesdays 2:45-3:45</p>	<p>Do you love doing paper crafts? If so, then you should try paper quilling! Paper quilling is a unique art that uses thin strips of paper that you roll, pinch, and form into different shapes. As you add each shape, your artwork becomes more interesting. Paper quilling is easy once you learn, but it does take patience and is a slow process. Come join me at Paper Quilling 101 and learn this amazing technique. At the end of the course you will have a one of a kind masterpiece! See below for samples made by Mrs. Sajban!</p> <div data-bbox="378 1123 893 1461">  </div>	<p>Dates: 2/5, 2/12, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/16</p> <p>10 Sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>**Maximum number of students: 10</i></p>

Picture Perfect Club

[Click here to enroll in this class](#)

<u>Offered by:</u> Mrs. Ribler	<u>Open to students in grades:</u> 5th grade students	<u>Location:</u> Dorchester Room 61
Thursdays 2:45-3:45	Students will provide input for the design of the yearbook. They will also take photos for possible publication in this year's book. We will be organizing files, uploading photos to the yearbook website, and more.	<p>Dates: 2/7, 2/28, 3/14, 3/ 21, 3/28, 4/4, 4/11</p> <p>7 Sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>**Maximum number of students: 8</i></p>

Volleyball Clinic (Girls)

[Click here to enroll in this class](#)

*Registration link will take you directly to the WCMS page

<u>Offered by:</u> Ms. Lakis	<u>Open to students in grades:</u> 5-8	<u>Location:</u> WCMS Gym
Tuesdays and Thursdays 3-4 pm	<p>Come learn about basic volleyball skills or work to strengthen the skills you already have. The clinic is open to any 5th to 8th grader interested in learning about or playing volleyball.</p> <p>**Please note students will be responsible for walking to the middle school gym for this class.</p>	<p>Dates: Tuesdays and Thursdays: 4/2, 4/4, 4/9, 4/11, 4/16, 4/18</p> <p>6 sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>Maximum number of students: 20</i></p>

WOODCLIFF MIDDLE SCHOOL

COURSE CATALOG

Homework Habitat

[Click here to enroll in this class](#)

<u>Offered by:</u> Middle School Staff	<u>Open to students in grades:</u> 6-8	<u>Location:</u> Media Center
Mondays and Thursdays 3-4 pm	<p>WCMS students will have the opportunity to work in a quiet setting with a teacher supervising. This can include:</p> <ul style="list-style-type: none">• Homework completion• Studying for a test or quiz• Reinforcing a concept• Completing long-term assignments• Reviewing and/or improving class notes <p>Enrolled students are expected to attend each session for their assigned day and to stay for the full session, from 3:00 - 4:00. Also, students are expected to arrive knowing what they want to work on during the session and to have the correct materials with them. You may enroll for both days.</p>	<p>Dates: Mondays: 2/4, 2/11, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15 10 sessions</p> <p>Thursdays: 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/11 10 sessions</p> <p>*You can sign up for the Monday sessions, the Thursday sessions, or for both days!</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>Maximum number of students: 18</i></p>

Peer Tutoring

[Click here to enroll in this class](#)

<u>Offered by:</u> Middle School Staff	<u>Open to students in grades:</u> 6-8	<u>Location:</u> Media Center
Tuesdays and Wednesdays 3-4 pm	<p>WCMS students will have the opportunity to work with high school students. This can include:</p> <ul style="list-style-type: none">• Homework completion• Studying for a test or quiz• Reinforcing a concept• Completing long-term assignments• Reviewing and/or improving class notes <p>Enrolled students are expected to attend each session for their assigned day and to stay for the full session, from 3:00 - 4:00. Also, students are expected to arrive knowing what they want to work on during the session and to have the correct materials with them. You may enroll for both days.</p>	<p>Dates:</p> <p>Tuesdays: 2/5, 2/12, 2/26 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/16 10 sessions</p> <p>Wednesdays: 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/17 10 sessions</p> <p>*You can sign up for the Tuesday sessions, the Wednesday sessions or for both days!</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>Max. number of students: unlimited</i></p>

Axis and Allies

[Click here to enroll in this class](#)

<u>Offered by:</u> Mr. Falstrom	<u>Open to students in grades:</u> 6-8	<u>Location:</u> Room 40
Thursdays 3-4 pm	Axis and Allies is a war game featuring dice battles for territory, varied pieces like chess, and braggadociousness for winners! Think Monopoly with grenades. We take a vote prior to each war to decide if we want to play the board game, online version, WWI, WWII, or Lord of the Rings Battle for Middle Earth!	<p>Dates: Thursdays: 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/11 10 sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>Maximum number of students: 10</i></p>

Battle of the Books

[Click here to enroll in this class](#)

(The above registration link will take you directly to Dorchester registration form)

<u>Offered by:</u> Mrs. Nadzan	<u>Open to students in grades:</u> 5 and 6	<u>Location:</u> Dorchester Room 36
Tuesdays 2:45-3:45	<p>Get ready for the 2019 Battle of the Books! The students participating in this session must already be grade 5/6 Battle of the Books members. In this course, we will be holding mock battles, discussing the required books together, & having a lot of fun preparing for the upcoming competition!</p> <p>**Please note that 6th grade students will be traveling to Dorchester School for this course</p>	<p>Dates:</p> <p>2/5, 2/26, 3/5, 3/12, 3/19, 3/26, 4/9, 4/16</p> <p>8 Sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>**Maximum number of students: 10</i></p>

Eco-Gardening

[Click here to enroll in this class](#)

Offered by:

Ms. Ogden

Open to students in grades:

6-8

Location:

Courtyard

**Monday
4/15 and
Thursday
4/18**

3-4 pm

Go green! Learn how to grow your own food in an environmentally friendly fashion. Participants will learn how to prepare soil and plant crops that they will get to enjoy in June. Be prepared to get dirty!

Monday 4/15 (Rain Date: Thursday 4/18)

Thursday 4/18 (Rain Date: Monday 4/29)

2 sessions

Please be sure a commitment to these meeting dates is possible before enrolling.

Maximum number of students: 15

Helping Hands

[Click here to enroll in this class](#)

Offered by:

Mrs.
Herrmans and
Mrs. Mangini

Open to students in grades:

6-8

Location:

Room 46

Thursdays
3-4 pm

Interested in helping others? Join “Helping Hands” to make a difference in our community. We will have fun continuing some of the community service activities from MLK Day as well as creating new opportunities. No service experience necessary to be part of this stress free, relaxed and FUN 9th period. Bring a friend or make a friend while we make a difference in our community.

Thursdays: 2/7, 2/14, 2/28, 3/7, 3/21,
3/28, 4/4, 4/11
8 sessions

Please be sure a commitment to these meeting dates is possible before enrolling.

Maximum number of students: 12

Oodles of Doodles

[Click here to enroll in this class](#)

Offered by:

Mrs. Fogarty
and Ms.
Mucerino

Open to students in grades:

6-8

Location:

Room 41 /43

**Thursdays
3-4 pm**

Art is a wonderful way to de-stress! In Oodles of Doodles, you do not need to be an artist. All you need is a desire to relieve your stress. Different activities will include coloring mandalas, tracing, cutting, pasting, scribbling and so much more! You will be able to pick your medium and it can be different each day!

Dates:

Thursdays:: 2/7, 2/14, 2/21, 2/28, 3/7,
3/14, 3/21, 3/28, 4/4, 4/11

10 sessions

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 15

Our Darfuri Peers - A Continuation of Day One Activities

[Click here to enroll in this class](#)

<u>Offered by:</u> Mrs. Fogarty	<u>Open to students in grades:</u> 6-8	<u>Location:</u> 47
Tuesdays 3-4 pm	<p>Did you really enjoy our summer reading book, “I Will Always Write Back?” If you liked the message of the book and like helping others this is the club for you. This service oriented organization is open to all middle schoolers who want to aid in maintaining a connection with our peers in Darfur through the iACT organization that was introduced on our Character Education Day: Day One (Oct 5, 2018) This group will maintain a virtual “pen pal” relationship with children in a refugee camp in Africa. We will also be working toward fundraising and service projects that benefit those children we will be in contact with. (It is possible to earn community service hours for activities outside of school through this club.)</p> <p>We have already started a number of projects during our first session and need volunteers to continue these projects: reading the letters we received and writing back our response letters, creating announcements for the school news, continued fundraising, etc...</p>	<p>Dates: Tuesdays 2/5, 2/12, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9</p> <p>9 sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>Maximum number of students: 10</i></p>

Psychology of Dreams

[Click here to enroll in this class](#)

Offered by:

Senora Rubi

Open to students in grades:

7-8

Location:

Room 9

**Thursdays
3-4 pm**

Did you ever wonder what your dreams are telling you? Can dreams predict the future? Are ghosts and aliens real? Come to my course and get answers to all of your questions!

Dates:

Thursdays: 2/7, 2/14, 2/21, 2/28, 3/7,
3/14, 3/21, 3/28, 4/4, 4/11

10 sessions

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 20

STEM Open House

[Click here to enroll in this class](#)

Offered by:

Mr. Nikolaidis

Open to students in grades:

6-8

Location:

Stem Lab

**Wednesdays
and Fridays
3-4 pm**

Are you looking for more STEM time? Are you interested in learning how to use the laser engraver? Want to learn how to use hand tools to build with wood? Or do you just want to play with robots? Well this is your chance! During this free time in the STEM Lab students are invited to explore the new technology in the state of the art STEM Lab. Under guidance and supervision, students are encouraged to explore all the wonderful things our lab has to offer. Come join the fun!

Dates:

Wednesdays: 2/13, 2/27, 3/6, 3/13,
3/20, 3/27, 4/3

7 sessions

Fridays: 2/15, 2/27, 3/1, 3/8, 3/15,
3/22, 3/29, 4/5

8 sessions

***You can register for the
Wednesday sessions, the Friday
sessions , or both days!**

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 15

Touch Football

[Click here to enroll in this class](#)

Offered by:

Mr. Welsh

Open to students in grades:

6-8

Location:

Meet outside on the basketball
court

**Wednesdays
3-4 pm**

Are you ready for some football? After a tough day working to your ability in school, how about getting some physical activity by throwing around the pigskin? We will play organized touch football games and get everyone involved. See you on the field!

Dates:

Wednesdays: 2/6, 2/13, 2/27, 3/6, 3/13,
3/20, 3/27, 4/3, 4/10, 4/17

10 sessions

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 20

Ultimate Frisbee

[Click here to enroll in this class](#)

Offered by:

Mr. Welsh
and Ms. Hreno

Open to students in grades:

6-8

Location:

Meet outside on the basketball
court

**Thursdays
3-4 pm**

Are you ready for something different? How about Ultimate Frisbee? This is an exciting game that can be played by the “hard-core” player or the “newbie”. In a way very similar to the game of football, Ultimate Frisbee asks its players to be skilled in throwing and catching a Frisbee (or disc), while at the same time displaying stamina and agility. Ultimate frisbee is a great way to wind down after an exciting day at school!

Dates:

Thursdays: 2/14, 2/21, 2/28, 3/7, 3/14,
3/21, 3/28, 4/4, 4/11, 4/18

10 sessions

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 20

Volleyball Clinic (Boys)

[Click here to enroll in this class](#)

Offered by:

Ms. Lakis

Open to students in grades:

6-8

Location:

WCMS Gym

**Mondays
and
Wednesdays
3-4 pm**

Come learn about basic volleyball skills or work to strengthen the skills you already have. The clinic is open to any 6th to 8th grader interested in learning about or playing volleyball.

Dates:

Mondays and Wednesdays: 4/1, 4/3,
4/8, 4/10, 4/15, 4/17

6 sessions

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 15

Volleyball Clinic (Girls)

[Click here to enroll in this class](#)

Offered by:

Ms. Lakis

Open to students in grades:

5-8

Location:

WCMS Gym

**Tuesdays
and
Thursdays
3-4 pm**

Come learn about basic volleyball skills or work to strengthen the skills you already have. The clinic is open to any 5th to 8th grader interested in learning about or playing volleyball.

Dates:

Tuesday and Thursdays: 4/2, 4/4, 4/9,
4/11, 4/16, 4/18

6 sessions

Please be sure a commitment to these meeting dates is possible before enrolling.

Maximum number of students: 20

WCMS Kahoot! League

[Click here to enroll in this class](#)

<u>Offered by:</u> Mrs. Fogarty	<u>Open to students in grades:</u> 6-8	<u>Location:</u> 47
Mondays 3-4 pm	The WCMS Kahoot! League is a club for Kahoot! fans. Students can play Kahoot! against each other in competitions and tournaments. Kahoot! topics will vary and students can even create their own challenging quizzes.	<p>Dates: Mondays 2/4, 2/11, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15</p> <p>10 sessions</p> <p><i>Please be sure a commitment to these meeting dates is possible before enrolling.</i></p> <p><i>Maximum number of students: 10</i></p>

Wiffle Ball

[Click here to enroll in this class](#)

Offered by:

Mr. Welsh

Open to students in grades:

6-8

Location:

Meet outside on the basketball
court

Mondays
3-4 pm

Let's end the day with some wiffle ball! Outside or inside, who's in for some exciting home runs, some great pitching and some outstanding defense? See you on the diamond.

Dates:

Mondays: 2/4, 2/11, 2/25, 3/4, 3/11,
3/18, 3/25, 4/1, 4/8, 4/15

10 sessions

*Please be sure a commitment to these
meeting dates is possible before
enrolling.*

Maximum number of students: 20

Zumba/Hip Hop

[Click here to enroll in this class](#)

Offered by:

Ms. Pfeiffer

Open to students in grades:

6-8

Location:

Cafeteria

**Mondays
3-4 pm**

Experience the best workout ever in this combo Zumba / Hip Hop class! Join with your friends or come make new friends. Dance to great music and get an awesome work-out, all while exercising and learning some of the latest Hip-Hop moves. This promises to be a great time for students who want to dance or those who already participate in dance classes.

Dates:

Mondays 2/4, 2/11, 2/25, 3/4, 3/11,
3/18, 3/25, 4/1, 4/8, 4/15

10 Sessions

*Please be sure a commitment to
these meeting dates is possible
before enrolling.*

***Maximum number of students: 12*