The Hills Valley Coalition For Resilient Youth Presents:

Growing up OVERexposed

Helping Teens Navigate in a Hyper-Sexualized Digital World

An Educational Program For Adults And Teens



April 3, 2019
Pascack Hills High School
Doors Open At 6pm

- Keynote Speaker 7pm
- Mental Health Resource Fair 6-7pm
 Featuring Local Mental Health and Addiction Treatment Providers

Keynote: Lauren Hersh, National Director of "World Without Exploitation"

- Prevalence and risk of teen dating abuse
- Explore strategies of how to talk to your child about what consent is and isn't
- Impact of gender messaging and early sexual exposure
- Exposure to digital images, sexting, misuse of social media, self esteem and "likes"
- Bystander intervention; teaching teens to be advocates
- Impact of alcohol/date rape drugs with victimization

"Only we have the power to create a world where nobody is silent about injustices. Let's start talking!" – Lauren Hersh



