

Kindness

Dorchester is blooming with character! This week we are focusing on the branch of kindness at school. Here are some of the Dorchester faculty's favorite quotes, books, poems, and movies that demonstrate kindness so you can continue this conversation with your children at home. Recommendations are made for all grade levels so please use discretion when sharing with your children.

<p>Quotes</p>	<ul style="list-style-type: none"> ★ "In a world where you can be anything, be kind." ★ "How you make others feel says alot about you." ★ "A single act of kindness throws out roots in all directions, and the roots spring up and make new trees." -Amelia Earhart
<p>Books</p>	<ul style="list-style-type: none"> ★ <i>The Giving Tree</i> by Shel Silverstein ★ <i>Those Shoes</i> by Maribeth Boelts ★ <i>Each Kindness</i> by Jacqueline Woodson
<p>Poems</p>	<ul style="list-style-type: none"> ★ "Spread a Little Kindness" by Laura Jaworski ★ "A Simple Act of Kindness" by David Harris
<p>Movies</p>	<ul style="list-style-type: none"> ★ <i>Cinderella</i> ★ <i>Snow White</i> ★ <i>Free Willy</i>
<p>Ways to spread kindness...</p>	<ul style="list-style-type: none"> ★ Help a neighbor. ★ Donate clothes, books, or toys to charity. ★ Have a playdate with someone new.

Woodcliff Warrior's



CHARACTER COUNTS

Spread a Little Kindness

by Laura Jaworski

Spread a little kindness
Sprinkle as you go
Send it out into the world
Watch it ebb and flow
Plant a kindness garden
The more seeds that you sow
You'll find that your own happiness
Will grow,
And grow,
And grow!

A Simple Act of Kindness

by David Harris

A simple act of kindness
can stop a million tears.
A little hug
can give so much joy.
A letter now and then to someone
can save so many wasted years.
We should hold every moment precious
and help as many as we can
with a simple act of kindness
every now and then.

The world would be a better place
if we all cared a little more.
Imagine how many smiling faces
would greet us at the door
if we extended that helping hand
with a simple act of kindness
that could spread across many lands.