



7 Secrets of Brain Science to Boost Your Memory and Stay Sharp

TUESDAY • MAY 12, 2020
12:00 PM CDT



VIRTUAL EVENT

Zoom

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SPEAKER: Sherrie D. All, PhD

Licensed Clinical Psychologist, Cognitive Rehabilitation & Brain Health
Sherrie is passionate about empowering people to use their brains brilliantly to live better, lead better and love better. She is an international speaker, writer, licensed clinical neuro-rehabilitation psychologist, brain health expert and the owner and director of the Chicago Center for Cognitive Wellness.

Memory can be strengthened at virtually any age.

Join us as we lead you through the seven most commonly taught and researched strategies for improving your memory function in everyday life. We will also share the latest findings from neuroscience that have revealed new brain strategies that may surprise you.

Space is limited. RSVP to Lauren Hollasch at lhollasch@belmontvillage.com or 773-868-8408.

How to Join a Virtual Event

1) On a desktop computer or mobile device, open an internet browser and input the url: <https://zoom.us/join>.

OR

Download the desktop or mobile app and sign up for a free Zoom account.

2) Input the meeting ID:
947-0063-4982

3) Input the password:
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For help in setting up Zoom, please contact Lauren Hollasch at lhollasch@belmontvillage.com.

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