

Webinar



BREATHING & BLINKING An Intersection of PTSD and TBI

Overview:

Breathing & Blinking is an informative and insightful look at the interconnection between trauma, post-traumatic stress disorder (PTSD), and traumatic brain injury (TBI) through the lens of someone who lives with all three. Deeply personal while covering the latest theories, research, and treatments, audiences will gain a deep understanding of the subject matter and be inspired by Nancy's journey.

 **Oct 30, 2024**

 **12 pm - 1 pm**



Webinar Speaker:

- Nancy Mullen, MSW, Executive Director, Youth Outlook

Register here:

<https://us02web.zoom.us/meeting/register/tZArc--tqTlrHt0aR1Dd93W0vnY9NySCoZQa>



www.acmhαι.org