

CARE CONSULTATIONS

**Schedule a consultation with a local specialist
in-person, by phone, or virtually**

Having a road map to navigate through the decisions, challenges and questions at every stage of Alzheimer's or another dementia is important. The Alzheimer's Association Northeastern New York Chapter provides free care consultations designed to offer personalized, solution-oriented support to people living with dementia and their care partners. You'll meet with a local Care Consultant—a master's-level dementia expert—who will work with you to develop a tailored action plan to meet your circumstances.

Care consultations vary but can include:

- Education about Alzheimer's and treatment options
- Development of a care plan
- Safety assessment and planning
- Assistance with finding resources in your community
- Understanding and managing legal and financial issues
- Addressing caregiver stress and developing self-care strategies

**To schedule a FREE care consultation, call/text 518.675.7214
or email careconsultationsneny@alz.org**

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