

COMMUNITY OUTREACH

events



WELLNESS OPPORTUNITIES & SCREENINGS

BLOOD PRESSURE SCREENING

**Auglaize-Mercer Family YMCA-
NORTH, Celina**
July 1 | 9:00 AM - 11:00 AM

BLOOD PRESSURE SCREENING

**Auglaize County Council on Aging,
St. Marys**
July 3 | 9:30 AM - 10:30 AM

BLOOD PRESSURE SCREENING

**Auglaize-Mercer Family YMCA-
SOUTH, Minster**
July 12 | 9:00 AM - 11:00 AM

BLOOD PRESSURE SCREENING

**Auglaize County Council on Aging,
Wapak**
July 17 | 9:30 AM - 10:30 AM

BONE HEALTH AWARENESS

Agape, St. Marys
July 23 | 12:00 PM—2:30 PM
Free osteoporosis screening and
education

WOMEN'S WALK FOR WELLNESS

North Shore Park—Celina
July 27 | 8:05 AM
Registration forms available at
[www.grandlakehealth.org/
communityoutreach](http://www.grandlakehealth.org/communityoutreach)
Register by July 5 to receive a t-shirt.
All participants will enjoy a
continental breakfast following the
walk. Registration—\$10

AUGLAIZE COUNTY FAIR

Wapakoneta Fairgrounds
July 28—Aug 3 | 12 PM — 9:00 PM
Free blood pressure and pulse ox
screening

EDUCATION

CPR BASIC LIFE SUPPORT

JTDMH Conf. Rooms, St. Marys
July 8 | 12:30 PM—4:30 PM
July 20 | 8:00 AM—12:00 PM

CHILDBIRTH EDUCATION (LAMAZE)

JTDMH Conference Rm, St. Marys
July 10 | 6:00 PM - 8:30 PM
July 17 | 6:00 PM - 8:30 PM
Call the Birthing Center to sign up:
419-394-3335 ext. 2419

WAGNER'S WELLNESS PROGRAM

Colorectal Cancer Awareness
July 16 | 11:00 AM—1:00 PM
Wagner's IGA—Minster
July 16 | 2:00 PM—4:00 PM
Wagner's IGA—New Bremen
Free colorectal cancer screening kits

BREASTFEEDING EDUCATION CLASS

JTDMH Conference Rm, St. Marys
July 16 | 7:00 PM - 9:00 PM
Call the Birthing Center to sign up:
419-394-3335 ext. 2419

BABYSITTING 101 COURSE

JTDMH Conference Rooms
July 22, 23 | 1:00 PM — 4:00 PM
Registration required. To sign up,
call 419-394-6132.

AGAPE WELLNESS:

BONE HEALTH AWARENESS

Agape, St. Marys
July 23 | 12:00 PM—2:30 PM
Free osteoporosis screening and
education

PARKINSONS SUPPORT GROUP

YMCA—South
July 26 | 11:00 AM—11:45 AM

ROAD TO FITNESS

FIRECRACKER 5K RUN/WALK

Wapakoneta
July 4 | 9:00 AM

RUN TO THE MOON 5K/10K

Wapakoneta
July 20 | 8:15 AM

FIREMAN'S MEMORIAL 5K

New Bremen
July 26 | 8:00 PM

GRAND HEALTH CHALLENGE

MASTER MAINTAINER WEIGH IN

JTDMH Cardiac Center
July 16 | 6:00 AM—8:00 AM
July 16 | 4:00 PM—6:00 PM

SPEAKER ENGAGEMENTS

WCSM RADIO PRESENTATION

July 8 | 12:30 PM
Grand Lake Rehab
Update on the new facility

Direct Access Testing

The JTDMH Laboratory has a menu of
specific tests that patients may order for
themselves without a doctor's order.

Direct Access Testing program provides
wellness tests that are similar to those
found at health fairs, but with the
convenience of being available every day
at JTDMH. For more information, call
Laboratory Services at
419-394-3387 ext. 3513.