

COMMUNITY
OUTREACH

events

WELLNESS OPPORTUNITIES
& SCREENINGS**BLOOD PRESSURE SCREENING**

**Auglaize-Mercer Family YMCA-
NORTH, Celina**
June 3 | 9:00 AM - 11:00 AM

SENIORCIZE

**YMCA @ Otterbein Life Enrichment
Ctr. St. Marys**
June 4, 6, 11, 13, 18, 20, 25, 27
9:00 AM- 10:00 AM

BLOOD PRESSURE SCREENING

**Auglaize County Council on Aging,
St. Marys**
June 5 | 9:30 AM - 10:30 AM

BLOOD PRESSURE SCREENING

**Auglaize-Mercer Family YMCA-
SOUTH, Minster**
June 7 | 9:00 AM - 11:00 AM

BABYSITTING 101 COURSE

JTDMH Conference Rooms
June 11, 12 | 1:00 PM — 4:00 PM
Registration required. To sign up,
call 419-394-6132.

BLOOD PRESSURE SCREENING

**Auglaize County Council on Aging,
Wapak**
June 19 | 9:30 AM - 10:30 AM

**AMERICAN RED CROSS BLOOD
DRIVE**

JTDMH Conference Rooms
June 25 | 8:30 AM - 2:30 PM
To schedule an appointment, call
419-394-6132.

EDUCATION

CPR BASIC LIFE SUPPORT

JTDMH Conf. Rooms, St. Marys
June 10 | 12:30 PM—4:30 PM
June 22 | 8:00 AM—12:00 PM

DIABETES SUPPORT GROUP

**JTDMH Conference Rm 1 & 2, St.
Marys**
June 10 | 7:00 PM—9:00 PM
June 11 | 10:00 AM—12:00 PM

CHILDBIRTH EDUCATION (LAMAZE)

JTDMH Conference Rm, St. Marys
June 15 | 8:00 AM - 3:15 PM
Call the Birthing Center to sign up:
419-394-3335 ext. 2419

AGAPE WELLNESS:**NATIONAL SAFETY MONTH**

Agape, St. Marys
June 25 | 12:00 PM—2:30 PM

BONE HEALTH EDUCATION

**New Bremen Senior Citizen Center,
New Bremen**
June 26 | 1:00 PM - 2:00 PM
Osteoporosis screening and blood
pressure screening available

**SENIOR SUPPER HOUR—Stroke
Awareness Education**

**Meyer Community Room
Otterbein—St. Marys**
June 27 | 4:00 PM - 6:30 PM
Blood Pressure Screening, Dinner,
and Presentation by Premier Health.

PARKINSONS SUPPORT GROUP

YMCA—South
June 28 | 11:00 AM—11:45 AM

ROAD TO FITNESS

CARA YOUNG HOLY ROSARY 5K

St. Marys
June 8 | 9:00 PM

WORLD'S FUNNEST FUN RUN/WALK

St. Marys
June 22 | 11:00 AM

NIGHT RANGER 5K

New Knoxville
June 29 | 8:30 PM

SPEAKER ENGAGEMENTS

WCSM RADIO PRESENTATION

June 10 | 12:30 PM
Camp Hope

WKKI RADIO PRESENTATION

June 18 | 7:30 AM
Women's Walk for Wellness

Direct Access Testing

The JTDMH Laboratory has a menu of specific tests that patients may order for themselves without a doctor's order.

Direct Access Testing program provides wellness tests that are similar to those found at health fairs, but with the convenience of being available every day at JTDMH. For more information, call Laboratory Services at 419-394-3387 ext. 3513.