

Tom Duffy MEMORIAL

5K

November 3
UNITY PARK

220 Briarhill Blvd. Highland Village, TX 75077



Christian Community Action presents the second annual Tom Duffy Memorial 5K. Named in honor of CCA's founder, Tom Duffy, the race will benefit CCA and the programs and services that alleviate suffering, bring hope and change lives in our community.

RACE DAY SCHEDULE:

Registration • 7:00 am - 7:45 am
1 Mile Fun Run • 7:45 am
5K Race • 8:00 am
Awards • 9:15 am
Chip timed by Race Day Event Services

MAIL FORMS TO:

Christian Community Action
200 South Mill Street Lewisville, TX 75057

REGISTER ONLINE: ccahelps.org

PRE-REGISTRATION FEE:

18 & Over - \$35.00
17 & Under - \$25.00

RACE DAY REGISTRATION:

18 & Over - \$40.00
17 & Under - \$30.00

Race t-shirts guaranteed to all participants registered by Oct. 18, 2017

EARLY PACKET PICK-UP:

Friday, Nov. 2, 2018
10:00 am to 7:00 pm
Fit Body Boot Camp
2940 Justin Road #302
Highland Village, TX 75077

AGE DIVISIONS:

(Male and Female)

10 and under

11 – 14	40 – 49
15 – 19	50 – 59
20 – 29	60 – 69
30 – 39	70+

Awards for top male and female finishers and 3 finishers in each age group. Runners and Walkers of all fitness levels welcome!

Immediately following the race, participants are encouraged to participate in Highland Village's annual Fall Festival, which will begin at 10:00 am and will feature live music, carnival games, bounce house, face painting, balloon artist, pony rides, artisan displays, crafts, food vendors and more!

First Name: _____

Last Name: _____

Event: 5K 1 mile fun run

DOB: _____

Address: _____

State: _____ Zip: _____

City: _____

E-mail: _____

Phone: _____

Gender: M F

T-shirt size (please circle one): YS YM YL S M L XL 2XL 3XL

Emergency Contact Name: _____

Emergency Contact Phone: _____

By signing below, I accept and understand the terms of the waiver/release:

Signature of Runner: _____

Parent/Guardian (if under 18): _____

INTERNAL USE ONLY:

BIB #: _____ Paid by: _____ Date: _____

I assume all risks associated with participation in this event including, but not limited to falls, contact with other participants, the effects of weather and the conditions of the road, all such risks being known by me. Having read this waiver, knowing the facts and in consideration of accepting my entry, I, for myself and anyone else acting on my behalf, waive & release & indemnify Christian Community Action, volunteers and officials from all claims and liabilities of any kind arising out of my participation in this event and/or related activities of any nature, even though such liability may arise out of negligence or carelessness on the part of any of the persons named in this waiver. I attest to be in proper physical condition to participate in the event. I hereby grant full permission to use my name & photograph, videotapes, or other record of this event for any purpose.

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Christian Community Action

Sponsorship Information

Please complete the following form to secure your sponsorship.

Forms may be mailed to **CCA: Tom Duffy Memorial 5K Run, 200 South Mill Street, Lewisville, TX, 75057** or scanned and emailed to tina.corbett@ccahelps.org.

Deadline to reserve your sponsorship is Friday, October 12.

Contact Name: _____

Company Name: (or name as you would like to appear on printed materials) _____

Address: _____

City, State, Zip: _____

Day Phone: _____ Email Address: _____

Choose your Sponsor Level: Presenting: \$5,000 Gold: \$2,500

Silver: \$1,000 Bronze: \$500

Payment Information: Enclosed is my check for \$_____ made payable to Christian Community Action. If you would like to pay by credit card, please contact Raychell Polar at 972.219.4338.

Email your high resolution company logo to tina.corbett@ccahelps.org by Friday, October 12 to be included in event signage. For more information contact Tina Corbett, 972.219.4318 or by email at tina.corbett@ccahelps.org.

Sponsorship Opportunities



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Christian Community Action

**In the name of Jesus Christ,
Christian Community Action
ministers to the poor by providing
comprehensive services that
alleviate suffering, bring hope and
change lives.**

PRESENTING \$5,000

- Company name appears on front of race shirts with logo
- Premier logo placement on all event signage and website
- Mention in all public service announcements
- Company logo on Start/Finish line banner
- Meet and greet table — provide your corporate materials
- Ten race registrations
- Provide materials for participant goody bags

GOLD \$2,500

- Logo placement on all event signage, t-shirts and website
- Signage with company logo placed at water stop
- Meet and greet table — provide your corporate materials
- Five race registrations
- Provide materials for participant goody bags

SILVER \$1,000

- Logo placement on all event signage, t-shirts and website
- Signage with company logo placed at first mile marker
- Two race registrations
- Provide materials for participant goody bags

BRONZE \$500

- Logo placement on all t-shirts
- One race registration

First Annual Tom Duffy Memorial 5K

Paying tribute to CCA's Founder

Last year's inaugural Tom Duffy Memorial 5K was a fitting tribute to Christian Community Action founder Tom Duffy. An avid runner, Tom participated in a number of running events. He completed the New York City Marathon three times as well as the Dallas White Rock Marathon in the late 1980s and early 1990s. Tom was no stranger to events that benefited Christian Community Action. He worked tirelessly from early in the morning until late at night to do what he could to help all the CCA clients or "angels" as he called them.

There were over 100 participants at last year's event, which was held at Unity Park in Highland Village in conjunction with Fall Festival Day. Participants ranged from the very young to seasoned 50 plus year old participants. Representatives from Hoka Running Shoes and the Frisco Running Company were also on hand to share information on running products as well as support those who were participating.

The event was also supported by over 40 volunteers from Medical City of Lewisville as well as a variety of community minded sponsors and representatives from the Highland Village Parks and Recreation department.

With a great footprint to grow from, officials expect this year's event to increase in participation. Excitement is already building as organizers plan for the second annual Tom Duffy Memorial 5K, which is scheduled to take place **Saturday, November 3, 2018!**



Christian Community Action



Christian Community Action

For more than 45 years, Christian Community Action (CCA) has been healing, feeding, and educating families in need throughout Dallas, Denton and Tarrant counties. What started as a Bible study group of seven people in 1973 has grown into an organization that serves over 7,000 annually. Headquartered in Lewisville, CCA is the largest nonprofit agency providing homelessness prevention, hunger relief and long-term restorative services in Denton County.

CCA's crisis management services are designed to meet the immediate, critical needs of families or individuals during crisis. This is done through services designed to assist families in overcoming the challenges of changes to the family structure, unemployment or underemployment, major illness or any situation that threatens a family's stability.

CCA offers the following services:

Financial Assistance Rent/mortgage, utilities.

Food Pantry Self-selection grocery store that serves 24,850 family visits annually.

Spiritual Counseling Christian counseling for those facing a spiritual or emotional crisis.

Seasonal Programs Back to School, Bags of Blessings (Weekend Summer Feeding Program), Christmas Toy Distribution, Senior Monday, Senior Christmas Gift Program, and Holiday Meal Programs.

Education and Life Skills Programs English as a Second Language, Computer Skills, Financial Literacy, Resume Building, Financial Management Classes and Job Placement Assistance.



TOM DUFFY was born July 28, 1941, in Dundalk, Ireland. After the sudden death of his father, Tom's mother Mary immigrated to the United States to work, where Tom and his siblings later joined her. Despite the hardships of his early life, Tom did not indulge in self-pity. A true visionary, he enjoyed thinking and planning, as he wrote his manual on how to help those in need.

In the early 1970s, Tom and his wife Sara were part of a Bible study group discussion that inspired CCA. Starting with the restoration of a nearby widow's home, the group soon took on a number of similar projects in the neighborhood. The organization continued to grow and expand and eventually transitioned into one of the area's largest nonprofits whose mission was to provide "hand-up" services to those in need. Tom was at the helm of the organization, leading the way for 30 years until 2003.

Tom passed away on February 6, 2017. Ed Johnson, former board chair of CCA, said, "Tom was an incredibly committed man, who along with Sara, was focused on helping those less fortunate. Through his years at the helm of Christian Community Action, Tom and his team helped countless individuals and families transition from hopeless cases to self-sufficiency. He leaves behind a wonderful family, and a number of friends and volunteers who will miss him. His legacy will live on with all of us."