



Adult Mental Health Practice Support Program

The Primary Health Care and Chronic Disease Management Network is hosting the next offering of the Adult Mental Health Practice Support Program this Winter 2025.

This PSP is designed to increase skill and confidence among primary care providers and teams for the care of patients with mild to moderate mental health concerns. This program has been certified by the College of Family Physicians of Canada for 37.5 Mainpro+ credits.

Winter 2025 Dates:

Pre-module Meeting: January 8th 1:00-2:30.

Learning Sessions: January 15th, February 26th, April 9th, and May 21st.

All sessions will run from 1:30 – 4:30pm.

One scheduled coaching call (1 hour during the 20 week program).



Offered Virtually via Zoom



Peer to Peer Learning with Coaching Included



Have Questions? Email
PHCPracticeSupport@nshealth.ca



Participant Sharing and Learning



To Register for Winter Program
[Click Here.](#)



Connections to Community Resources

PS Practice Support

Offered by the Primary Health Care and Chronic Disease Management Network

LEARN MORE AT
[PHCQuality.ca](https://www.phcquality.ca)