

40 DAYS OF LENT

AT ST. THOMAS



Ash Wednesday begins Lent, a season of repentance and renewal of our faith. Though it is a solemn and reflective season it is also a time in the words of Godly Play to "get ready to come close to the mystery of Easter". Please join us at St. Thomas in our many offerings to walk the Lenten season together.

Sunday, March 2 after worship Shrove Sunday Coffee Hour!

Join us for pancakes and sausage and learn about Lent. Traditionally the days before Ash Wednesday were called Shrovetide and became days of pre-fasting indulgence. Pancakes became a way to use up sugar, fats and eggs before the fast of Lent began.

Wednesday, March 5 Ash Wednesday

*Remember
that you are
dust, and to dust
you shall return.*

On Ash Wednesday we remember with prayer and the tangible symbol of ashes, our mortal nature, our place in the cycle of life, and our dependence on God.

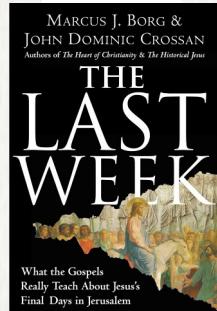
7:30 am: Abbreviated service before work or school
4:00 pm: A service for the young and young at heart
7:30 pm: Traditional Ash Wednesday Liturgy

All services will be held in the Church and will include the imposition of ashes.

Sunday, March 30 after worship Funeral Planning

Far from being a morbid task to be avoided, making your preferences clear about what you would like read, sung, and said at your funeral is a wonderful gift to leave family and friends. Join Tami to make plans for your funeral. The Book of Common Prayer funeral liturgy is a beautiful one and has room for a lot of choices in terms of readings, music, prayers, etc. We will discuss the many options and you will have the opportunity to fill out a form with preferences to be left in the church office.

Sunday, April 6 after worship Discussion of *The Last Week*



Tami invites you to join her this Lent in reading *The Last Week* by Marcus J. Borg and John Dominic Crossan. Using the gospel of Mark as their guide, the authors present a day-by-day account of Jesus's final week of life. Informative, challenging, and inspiring, we not only meet the historical Jesus, but meet a new Jesus who engages us and invites us to follow him. One scholar writes: "*The Last Week* shows one of the most careful and insightful readings of the Bible I've ever come across... they excavate profound insights into the political and spiritual dynamics of Jesus' true passion--his message of the kingdom of God."

Let Tami know you'll be reading the book by signing up online through the QR code or at the back of the church, and she will reach out to everyone who is reading it to see if they'd like to meet at other times either in person or on Zoom to discuss!

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Lenten Study

Tuesdays 7:00 - 8:00 pm

Each Tuesday in Lent, join Rev. Tami in the church for a brief (15 minute) teaching about a particular topic followed by time for meditation/reflection/activity/discussion. Each week's focus will be on what these ancient traditions of our faith mean for us today and how we might discover anew meaning and purpose in them. We will end each evening with Compline. Older children and teens are welcome to join.

Tuesday March 11th

Sacraments—Our Book of Common Prayer tells us that “*Sacraments are outward and visible signs of inward and spiritual grace*” What does that mean for our daily life in this world?

Tuesday March 18th

Prayer—How do I talk to God?

Tuesday March 25th

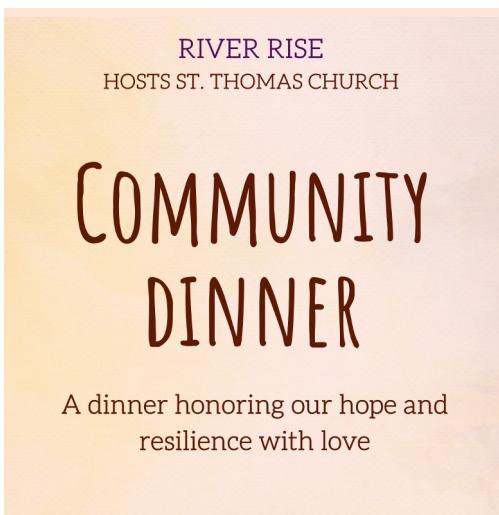
Book of Common Prayer—How much do you know about this central book of our Episcopal church? Get a 5 minute rundown of the BCP and spend time exploring its vast resources!

Tuesday April 1st

Baptismal Promises—where did the Baptismal Covenant come from and what relevance does it have for us today?

Tuesday April 8th

Holy Week—Why is this week so important? Hear about the history and meaning behind what for Christians is the most sacred part of the church year.



The Community Dinner on Saturday, March 8 at 5:30 PM will be hosted by Leilani Yizar-Reid, Mamaroneck community member and owner of River Rise. Join us each month as we break bread together and build bonds in our community. Invite a friend or two or three!

