

Fourth Sunday after the Epiphany

January 28, 2024

ST. THOMAS EPISCOPAL CHURCH
SEEKERS, SEARCHERS, AND DOUBTERS WELCOME

The Rev. Tami L. Burks

168 West Boston Post Road, Mamaroneck, NY 10543

914-698-0300, www.saintthomasmmrk.org

Thank you for choosing to worship with us today

At St. Thomas we celebrate the Holy Eucharist every Sunday at 10:00 AM with music.

This service bulletin is printed according to the Book of Common Prayer.

We joyfully welcome Children to worship with us! They can color, wander, make some noise, and pray in whatever fashion they see fit. There is a special “pray-ground” nook in the middle of the church. Families are welcome to sit there or borrow one of the books or other materials.

Sunday School from preschool to 8th grade is held most Sundays, September through May. An usher can show you where the classrooms are.

The bathrooms are located downstairs—walk down the right aisle towards the front to the door with the exit sign. From there take the steps down to the basement. At the bottom of the stairs, turn right.

We hope you feel welcome, will choose to visit us again, and consider becoming part of our faith community. If you are interested in learning more, you can fill out a connection card or take a welcome package home.

Blessings from God, love, peace, and hope.

From the Clergy, Vestry, Staff and People of St. Thomas

The Rev. Tami Burks, *Priest*

rev.tami.burks@gmail.com

The Rev. Lainie Murrell, *Deacon*

Kristen Scheyder, *Senior Warden*

Josh Korzon, *Junior Warden*

Gerilyn Brewer, Cristina Fernandez, Caroline Jaram, Melodee Morrison,

Sue Perciasepe, and Mike Spoonauer, *Vestry Members*

SERVING THIS SUNDAY

AV Tech

Derick Ramirez

Intercessor

Ira Hart

Crucifer

Greg Cherry

Ushers

Anike and Mike Wariebi

Chalice Bearers

Greg Cherry
Ira Hart

Altar Guild

Patty Bave

Readers

Anike Wariebi
Melodee Morrison

You can always reach out to the Vestry: vestry@saintthomasmmrk.org

David Bilotti, Property Manager

Barbara Gessler, Parish Admin: office@saintthomasmmrk.org

Matthew Sheens, Music Director

Everyone reads or sings aloud the words printed in **bold**.
The hymns are from the blue 1982 Hymnal in the pews, unless otherwise stated.

PRELUDE

HYMN 408



1 Sing praise to God who reigns a - bove, the God of all cre -
2 What God's al-might - y power hath made, his gra - cious mer - cy
3 Let all who name Christ's ho - ly Name give God all praise and

a - tion, the God of power, the God of love, the God of
keep-eth; by morn-ing glow or eve - ning shade his watch-ful
glo - ry; let all who know his power pro - claim a - loud the

our sal - va - tion; with heal - ing balm my soul he fills, and
eye ne'er sleep-eth. With - in the king - dom of his might, lo!
won - drous sto - ry! Cast each false i - dol from its throne, the

ev - ery faith - less mur-mur stills: to God all praise and glo - ry.
All is just and all is right: to God all praise and glo - ry.
Lord is God, and he a - lone: to God all praise and glo - ry.

Celebrant Blessed are you, Light of the world.
People **Glory to God for ever and ever.**

The Celebrant then says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
Amen.

THE GLORIA S-278

1. Glo-ry to God in the high-est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy on us;
5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For
you a - lone are the Ho - ly One, you a - lone are the Lord,



THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

God of liberation, confronting the powers that exclude the unclean and bind us to death: may we receive your word of authority, your rule of peace, your earthy holiness, which comes not to destroy but to set us free: though Jesus Christ the holy one of God. **Amen.**

All are seated for the Lessons and Psalm appointed for today.

A READING FROM THE BOOK OF DEUTERONOMY 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 111 (*read responsively by the verse*)

1 Hallelujah!

I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.

2 **Great are the deeds of the LORD! ***

they are studied by all who delight in them.

- 3 His work is full of majesty and splendor, *
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.**
- 5 He gives food to those who fear him; *
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
in giving them the lands of the nations.**
- 7 The works of his hands are faithfulness and justice; *
all his commandments are sure.
- 8 They stand fast for ever and ever, *
because they are done in truth and equity.**
- 9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.
- 10 The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.**

A READING FROM THE FIRST LETTER TO THE CORINTHIANS 8:1-13

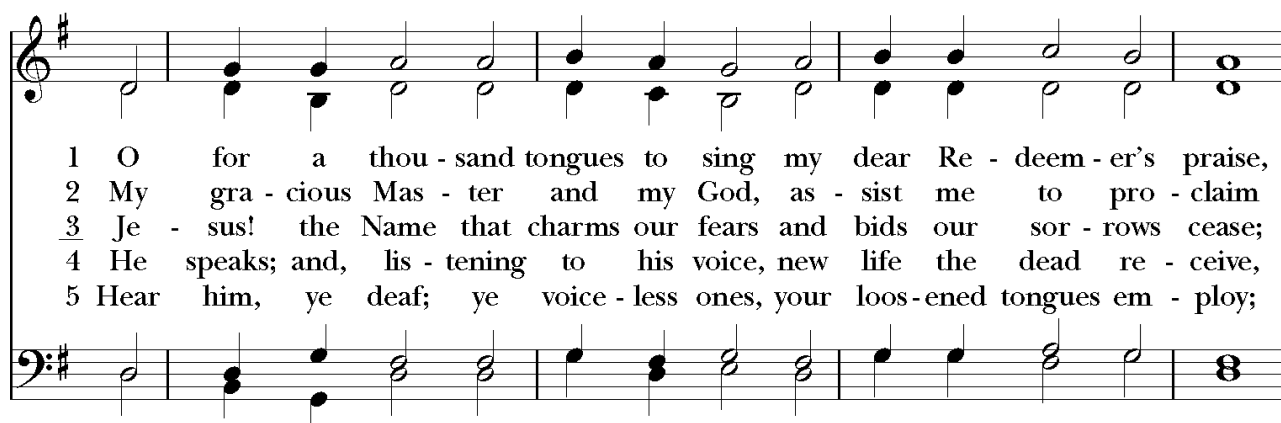
Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

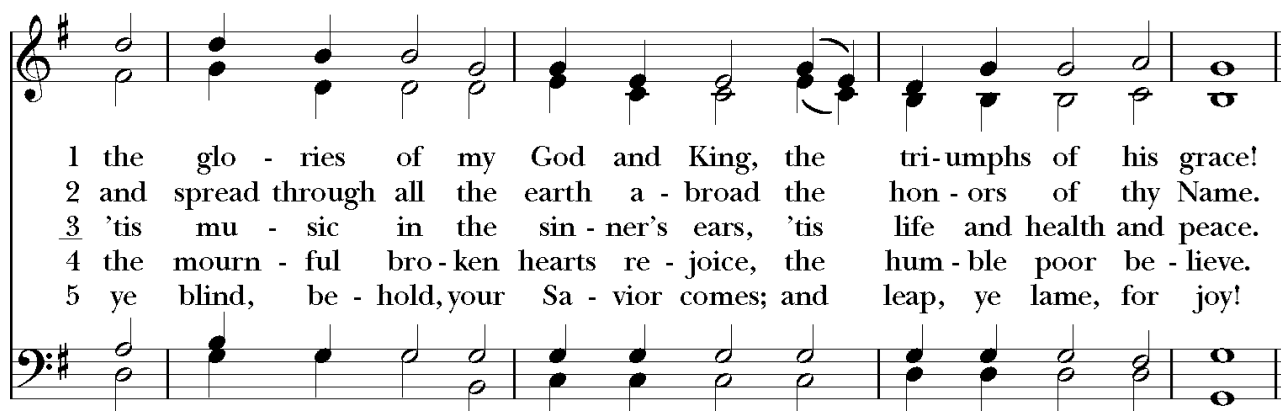
It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.
People **Thanks be to God.**

THE GRADUAL HYMN 493 (*first 3 verses to be sung before, 4 and 5 after the gospel*)



1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,
 2 My gra - cious Mas - ter and my God, as - sist me to pro - claim
 3 Je - sus! the Name that charms our fears and bids our sor - rows cease;
 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,
 5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!
 2 and spread through all the earth a - broad the hon - ors of thy Name.
 3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
 4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
 5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love
 be now and ever given
 by saints below and saints above,
 the Church in earth and heaven.

THE GOSPEL

Mark 1:21-28

The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Following the sermon, please remain seated for a moment of reflection.

THE NICENE CREED *(said by all)*

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

Gracious and loving Creator, in Christ you have revealed to all the earth the mystery of your love, spreading your illumination and your abundant promises unto all the earth: Hear us now and visit us with that light, as we pray for the needs of all creation, saying: Arise, shine, for the light has come, and the glory of God has risen upon us.

Silence

Through the church the wisdom of God in its rich variety may now be made known: Help us and all your church to manifest the boundless riches of Christ, becoming servants according to the gift of God's grace that was given us by the working of God's power. We pray especially for Michael, our Presiding Bishop, and Andy, Matt, Allen, and Mary, our

bishops, Tami, our priest, Lainie, our deacon, and for all members of this community and your church around the world.

Silence

Arise, shine; for the light has come,
and the glory of God has risen upon us.

We pray for the leaders of our nation, our state, and our local community. Thwart the schemes of the powerful against the weak throughout the world, that wisdom may serve justice and the wise may follow the child.

Silence

Arise, shine; for the light has come,
and the glory of God has risen upon us.

Manifest your love to the peoples of our community and lead us to your presence, so all may see your glory face to face.

Silence

Arise, shine; for the light has come,
and the glory of God has risen upon us.

Deliver those who are in need or suffering from disease, poverty, oppression, mistreatment, or any distress in the world and in our community. Help us to carry your light and love beyond the doors of the church. We pray especially for **Helen** Banyard, **Katherine** Connell -Thouez, **Herbert** Harris, **Jerry** Ingenito, **Kate**, **Ann** Breen Metcalfe, **Kenneth** Nixon, **Robert**, and **Essie** Steckler.

At this time, please add the names of those for whom you wish prayers, either silently or aloud.

Silence

Arise, shine; for the light has come,
and the glory of God has risen upon us.

We give grateful praise for Christ, in whom we have access to God in boldness and confidence through faith in him. Hear our prayers of thanksgiving.

At this time, please add whatever you are especially thankful for, either silently or aloud.

Silence

Arise, shine; for the light has come,
and the glory of God has risen upon us.

We remember those who have entered into the mystery of your eternal life.

At this time, please add the names of those we love and remember but see no more, either silently or aloud.

Silence

Arise, shine; for the light has come,
and the glory of God has risen upon us.

Celebrant

Gracious and loving God, we come before you with no gifts but ourselves: Accept and receive our lives that we may be manifestations of your presence; let the light of your Spirit shine within and among us, so we may share in the mystery of your purpose of blessing for all creation, through Jesus Christ our Savior. **Amen.**

THE CONFESSION

Let us confess our sins against God and our neighbor.

A brief moment of silence is kept

Said by all

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.
People **And also with you.**

BIRTHDAY AND ANNIVERSARY BLESSINGS; ANNOUNCEMENTS

THE OFFERTORY ANTHEM
Williams

Old 100th Psalm Tune

Arr. Vaughn

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give him thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

THE SANCTUS S-129

The musical score is written on four staves in G-clef (treble clef) with a key signature of one sharp (F#). The lyrics are written below the notes. The first staff contains the lyrics 'Ho - ly, ho - ly, ho - ly Lord, God of pow - er and'. The second staff contains 'might, hea - ven and earth are full of your glo - ry. Ho -'. The third staff contains 'san - na in the high - est. Bless - ed is he who'. The fourth staff contains 'comes in the name of the Lord. Ho - san - na in the high - est.' followed by a double bar line. There are triplets indicated by a '3' and a bracket over groups of three notes in the second, third, and fourth staves.

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and

might, hea - ven and earth are full of your glo - ry. Ho -

san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho - san - na in the high - est._____

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,
as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; Lord God of our Mothers: God of Sarah, Rebecca, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

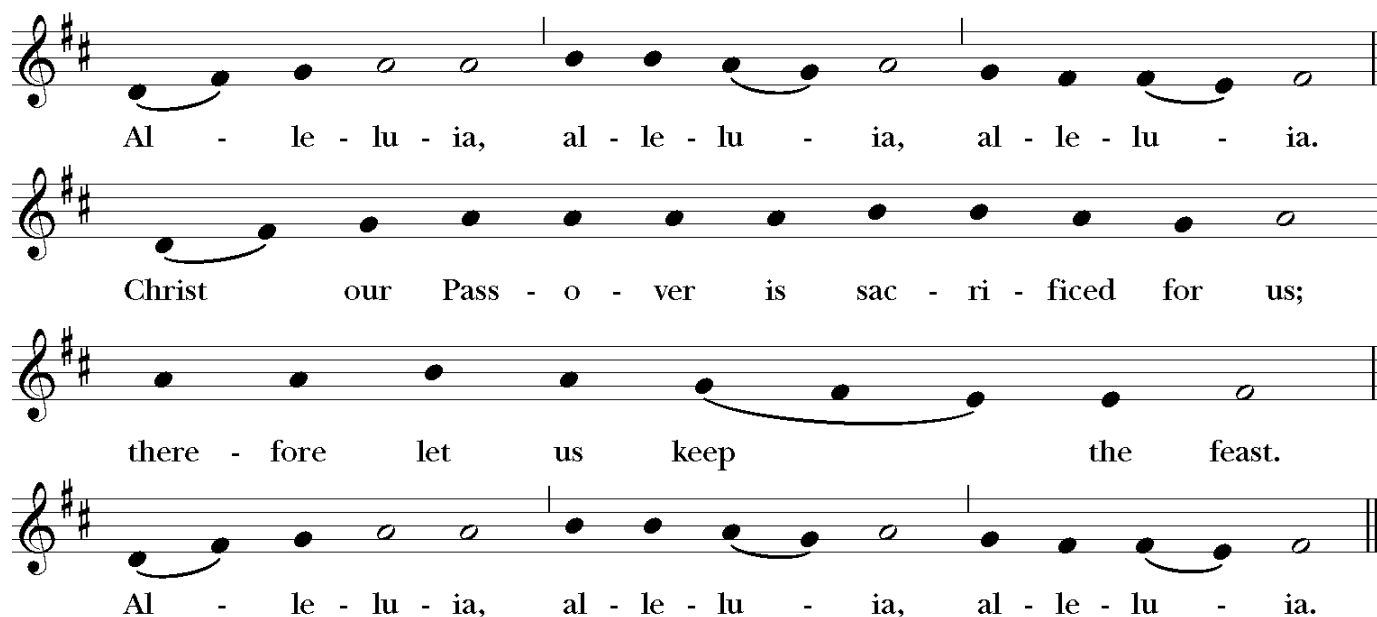
All pray together

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread, and a period of silence is kept.

THE FRACTION ANTHEM S-154



Facing the People, the Celebrant says the following Invitation

Come to this table, you who have much faith and you who would like to have more. You who have been to this sacrament often, and you who have not been for a long time. You who have tried to follow Jesus, and you who feel you have failed. Come. It is Christ who bids us to meet him here, and all are welcome.

All are indeed welcome and encouraged to receive Communion.

If you would like to receive the bread, open your hands. If you prefer to receive a blessing, cross your arms over your chest. If you would also like to receive the wine either sip from the chalice, or give the person holding the chalice the wafer and they will intinct (dip it in the wine) and hand it back to you. If you are unable to come forward, please let an usher know and we will bring communion to you. If you wish to receive a gluten free wafer let the priest know when you come forward.

DURING COMMUNION HYMNS 315 and 597 *found in the blue Hymnal 1982 in the pew*

PRAYER OF THANKSGIVING

After Communion, the Celebrant says

Let us pray.

All pray together

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage**

to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

BLESSING

Life is short, and we do not have much time to gladden the hearts of those who make the journey with us. So... be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us be with you this day and always. Amen.

HYMN 448, 1,2,4,5,6



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so

1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought; by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom

1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

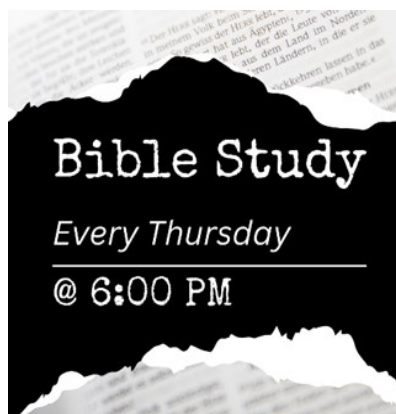
THE DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit.
People **Thanks be to God.**

POSTLUDE

The liturgy has ended. The service now begins.

Annual Meeting February 11 after the 10:00AM service.
Please sign up at the back of the church to bring food. Thank you!



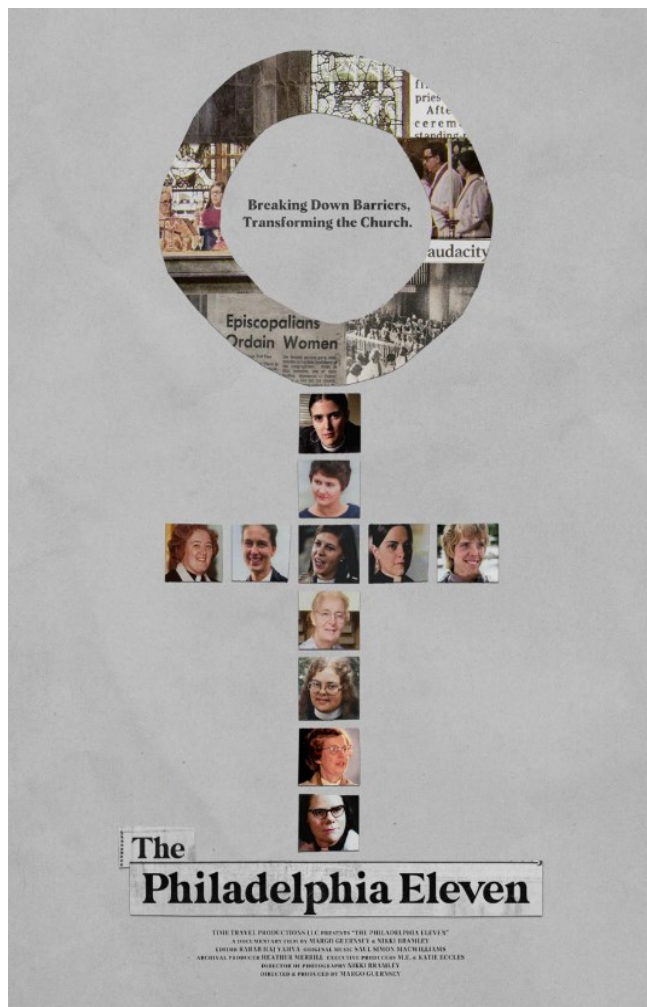
Zoom Bible Study

Weekly study, Thursday @ 6:00PM.
No prior bible study experience
necessary!
Enter our Zoom Meeting Room
Zoom ID: 9477797880
password 531346



The Philadelphia Eleven - Movie Screening Tuesday, March 12, 7:00 PM, Emelin Theater

*Hosted by St. Thomas (Mamaroneck), St. John's (Larchmont), Christ's Church (Rye),
Trinity/St. Paul, St. Johns, St. Simon's (New Rochelle), Christ the Redeemer (Pelham)*



In an act of civil disobedience, a group of women and their supporters organize their ordination to become Episcopal priests in 1974. The Church of the Advocate in Philadelphia welcomes them, but change is no small task. The women are harassed, some lose friends, and others are banned from stepping on church property.

In this feature-length documentary film, we meet the women who succeed in building a movement that transforms an age-old institution, and challenges the very essence of patriarchy within Christendom.

You can reserve free
tickets online:



2024 LENT MADNESS.ORG

Thomas Cranmer
Thomas the Apostle
Henry Muhlenberg
Albert Schweitzer
Adomnan of Iona
Joseph Vaz
Piran of Cornwall
Cornelius the Centurion

Rafqa of Lebanon
Clare of Assisi
Henry Whipple
Jackson Kemper
Pachomius
Cyprian of Carthage
Canaire
Barbara



FAITHFUL 4

ELITE 8

SAINTLY 16

ROUND OF 32

Kassia
Casimir
Lazarus
Joseph of Jerusalem
Rita
Zita
Brigid of Kildare
Julian of Norwich
Gertrude the Great
Gertrude of Nivelles
Ambrose of Milan
William Byrd
Polycarp
Andrew the Fisherman
Hyacinth
Rose of Lima



THE GOLDEN HALO

