



# Akos Essential Safety Care

The most comprehensive virtual health platform in the industry

Akos Essential Safety Care delivers employees critical access to healthcare when they need it most. Employers receive the confidence that they are creating a healthy and safe environment for their workforce and customers.

Essential Safety Care is a complete healthcare solution that addresses both healthcare and work site injury needs in a seamlessly integrated affordable technology focused solution.

- + **24/7 telemedicine for sick and urgent care** – employees receive access to a provider whenever, wherever within minutes via phone, tablet or computer. Akos providers can diagnose over 1,500 illnesses, then create a care plan and prescribe medications when appropriate.
- + **COVID-19 employee safety** – Essential Safety Care delivers critical care for employees who believe they have symptoms associated with COVID-19 or have been exposed to someone that has this virus.
- + **24/7 workers' compensation telemedicine and cost containment** – employees receive the care they need when they are injured on the job. The Akos Connect platform allows secure and recordable video connectivity with the injured worker, from initial nurse triage and first aid to an occupational health certified provider consultation at the time of injury. This significantly reduces ER or urgent care visits as well as downstream cost like referrals for imaging, as well as indemnity claims for time out of work.

## A complete solution for health and safety

- + **Employees** – Boost employee loyalty with the benefit of a healthy and safe workplace.
- + **Customers** – Demonstrate to customers that you care by creating safe and healthy environment.
- + **Business** – Reduce liability by creating a healthy and a safe environment for their workforce.

## Medical care made easy

- + 24/7/365 availability
- + On demand virtual consultations
- + Nurse triage at the time of injury
- + Accessible from any smart device
- + Board-certified physicians & NPs
- + Intuitive HIPAA-compliant platform
- + Reduce ER and urgent care visits
- + Consult recorded and securely stored

# Akos Essential Safety Care

## Member Benefits Summary

Akos members receive unlimited access to their medical team with no out-of-pocket costs or copays.

### Employee Healthcare

24/7 Virtual Sick & Urgent Care	Included
Care Navigation & Referrals	Included
RN Screening Calls (COVID-19, Flu)	Included
Prescriptions & Refills	Included

### Workers' Compensation Injury

24/7 RN Triage & First Aid	Included
24/7 Occupation Health Physician Consult	Included
Care Navigation & Referrals	Included

### Employee Discounts

Prescription Discounts	Included
Labs	Included
Radiology	Included
Outpatient Surgical Procedures	Included

### Employee Membership Technology

Device Agnostic Member App	Included
Chat	Included
Video	Included
AI-powered Chatbot	Included



### COVID-19 Test Screening

Just follow a few easy steps on a smartphone, tablet or computer to begin a COVID-19 screening.

#### 1 Visit Us Online

- Go to [AkosMD.com/COVID19](https://AkosMD.com/COVID19)
- For assistance, call **833.957.2455**

#### 2 Create Account

- First time users click **"Register Here"**
- Complete the registration

#### 3 Connect With PCP

- Connect with an Akos provider



AkosMD.com | 1.844.900.AKOS  
20565 N 19th Ave | Phoenix AZ 85027

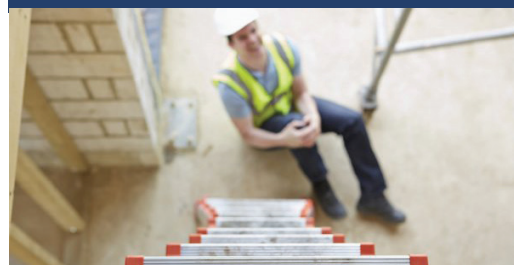
### Immediate Access to Care

#### Virtual Visit (Nationwide)



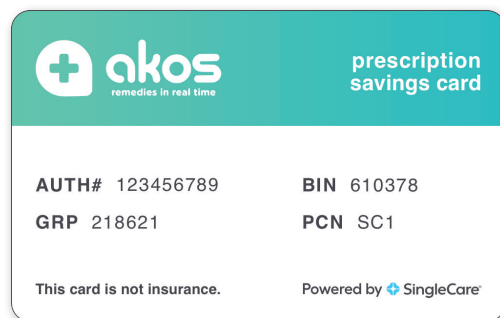
Consult with a provider whenever, wherever, within minutes from any smart device.

#### Workers Compensation



Up to 80% of the calls we take result in self-care resolutions and keep employees at work.

### Pharmacy Discounts



Save up to 80% on prescription drugs, at thousands of local pharmacies nationwide.







# Providing care for the symptoms you can't always see.

Comprehensive care means giving employees access to care from the inside out. That's why Akos offers Employee Assistance Programs (EAPs) for behavioral health conditions and assistance with various life events.

EAPs provides employers and employees a tool to navigate any life event.

## Behavioral Health

Group Intervention Therapies	Included
3 in person counseling visits	Included
Virtual or Telephonic Consultations	Included
Substance Abuse Resources	Included
Coordinated Through Account Executive or Clinical Liaison	Included
Services Extended to Family Members	Included
Immediate access to crisis support	Included
Live Connect – Connect to a work-life consultant via instant messaging	Included

## Life Events

Legal Assist Provides Access to Attorneys	Included
Financial Assist Access to Qualified Financial Consultants	Included
Eldercare resources and referrals	Included
Control Your ID – Online ID monitoring program	Included
Nolo – Free will preparation	Included
Tax ACT – Free online tax preparation	Included

A complete solution for the health and wellbeing of employees.

- ✦ **Employees** – Boost employee loyalty with the benefit of a health and wellbeing benefits.
- ✦ **Customers** – Demonstrate to customers that you care by creating a healthy environment.
- ✦ **Business** – Reduce liability by providing employees access to mental health resources and tools that support a healthy lifestyle.

### Additional online assistance resources include:

- ✦ Referrals to appropriate external community, health plan and support systems (e.g. community resources, self-help groups, medical, behavioral, etc.)
- ✦ Online leadership training for supervisors
- ✦ Saving Center – Discounts on hundreds of name brands