

Stillwater CARES Invites **YOU** to become a part of



If you have the desire and ambition to achieve a more secure future, then become a part of the next Getting Ahead program!

Getting Ahead is a 16-session course offering a step-by-step process for people who have found themselves in a cycle of poverty an opportunity to investigate their lives and start moving forward.

Classes kick off:
April 24, 2025

Location:
First United Methodist Church
400 W. 7th Ave, Stillwater

Meeting Days & Times:
Thursdays 5:00-8:00pm

Registration Contact:
Email – connect@stillwatercares.org

Program Facilitators:
Casey Billingsley
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Halona Cabe halona.cabe@gmail.com

Program Advisors:
Kathy Thomas
Amy McCray

Join a Getting Ahead group to:

- Investigate the Hidden Rules of Poverty, Middle Class and Wealth to identify what causes poverty and what changes it.
- Learn how to build Mental Models of what life is like now and what you envision for the future.
- Work with a team to identify and organize ways to create stability and resources in your life.
- Make concrete plans for economic security and enjoy the power that comes from solving problems and being in control of your life.

How does a Getting Ahead group work?

- A group has up to 15 people.
- Group sessions are up to 3 hours long.
- You meet only once a week.
- Group members work with each other in a stimulating and respectful team environment.
- Facilitators help you explore solutions and keep the group on track (but won't tell you what to do).

All Getting Ahead participants will receive:

- \$20 per session (\$320 for full attendance).
- Dinner and snacks.
- Child Care is provided if notice is given in advance.

"The Getting Ahead program provided me with the necessary tools that I needed to get ahead...and I was able to pinpoint my strengths and weaknesses, which allowed me to work on both. Now I am staying ahead by using all of the resources that were provided by the program."

- Tyra Robinson, Getting Ahead Graduate