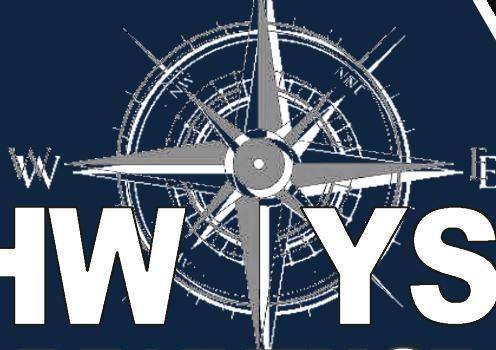


# PATHWAYS TO RESILIENCE



*Northstar Advantage Presents Their Latest Series, Pathways To Resilience*

*A Cutting Edge Support System And Approach For Individuals And Their Teams, Specifically Focused On Trauma And Resilience Supports*

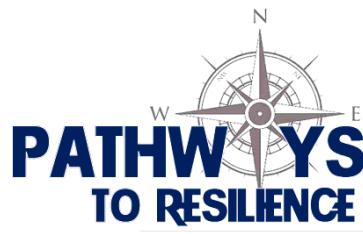
March 26<sup>th</sup> 1pm-2:30pm

**Northstar Advantage  
HCDDS Kingsley**

**5093 Kingsley Dr. Cincinnati, OH 45227**

RSVP by March 8<sup>th</sup> to:

[Kimi.Remenyi@hamiltondds.org](mailto:Kimi.Remenyi@hamiltondds.org)



## The Northstar Advantage: Pathways to Resilience

*“Small acts, when multiplied by millions of people, can transform the world. “ –Howard Zinn*

In 2015, four provider agencies successfully completed the task of infusing trauma informed care practices into their day-to-day operations. This was done under the guidance of Finding Hope Consulting and in collaboration with the Hamilton County Board of Developmental Disabilities Services. This project proved to be transformative, improving the lives of the people supported and their staff dramatically. Based on what we learned during our journey, we have created a brand new Northstar Advantage series specifically focused on trauma and resilience supports. We are excited to introduce the North Star Advantage: Pathways to Resilience series. If your agency has completed the Northstar Advantage Program in the past, you are eligible to participate.

### ***Series Details:***

- Focuses on trauma responsive service delivery to both individuals served as well as employees
- Focuses on core resilience components and strategies to increase resilience in those we support
- Focuses on self-care for employees, agency design and ideology, and day-to-day operational strategies to encourage a community of healing and resilience
- Tailored to meet the needs of each participating agency by creating goals and strategies to support agency specific environment.
- Guidance will be given on how to incorporate trauma supportive language and strategies into the My Plan, assessment, and discovery tools
- Seeks to create a community of trauma informed and responsive providers who work side by side to encourage healing and resilience