



## **SACRED EGYPT - ALCHEMY OF NETERU**

**Joanna Flowering Whirlwind & Zahra Indigo Rønlov**  
**21-28 OCTOBER 2019**

Discover your roots in ancient Egypt. You will be guided through intensive shamanic ritual of alchemical transformation and initiation to transcend your limitations and will be recreated into a fully awakened being.

You will be blessed by the presence and teachings of the Priestess of Sacred Mysteries of Egypt, Zahra Indigo Rønlov. We have also secured the guiding services of an excellent, qualified Egyptologist.

### **Package Price includes the following:**

All lodging (shared twin room at hotel and dahabiya), transportation, site admittance, and meals as included below.

#### Hotels

- Day 1-5 — Nile River Sailing Dahabiya.
- Dahabiyas are traditional Nile boats sailing mighty river Nile since antiquity and powered by sails.
- Day 5-7 — Embrace Hotel West Bank Luxor (3 nights)

#### Train or coach

- Day 5 — PM Aswan to Luxor

#### Sacred Sites

- Edfu Temple ☆ Silsila Quarry ☆ Kom Ombo ☆ Philae Temple of Isis ☆ Nubian Village ☆ Luxor Temple ☆ Karnak ☆ Dendera ☆ Abydos ☆ Temple of Hatshepsut ☆ Valley of the Queens ☆ Habu ☆

#### Tour personnel

☆ Tour Manager ☆ Spiritual Guide ☆ English speaking Egyptologist ☆ Transfer agents at airports and train station ☆ Boat Crew ☆ Drivers

#### Transportation

- Airport transfers ☆ Bus to and from Sites ☆ Water Taxi ☆ Horse Carriage in Edfu ☆ Camel Ride

#### Meals

- 7 Breakfasts ☆ 5 Lunches ☆ 5 Dinners
- All meals high quality, clean, safe Egyptian ingredients and flavours.
- Vegetarian and Vegan options
- Bottled mineral water is used in all cooking and ice.

#### Drinks

- All water, coffee, tea, and sodas on the dahabiya.

## Zahra Indigo Rønlov - our spiritual Guide and Teacher

Rev. Indigo Rønlov MA holds a master degree in Ecopsychology from Naropa University. She is a healer, teacher of shamanism and the Egyptian mysteries since 2000. She has been working with Nicky Scully of Egyptian Mystery School for many years and since 2009 she has been in a lineage holder in the tradition of Thoth and a priestess dedicated to serving Ma'at. Indigo brings deep shamanic experience, Reiki, herbalism and past life regression. She is also a Minister of Her Walking Prayer with the Center for Sacred Studies. It is Indigo's intention to live in service to healing of our Planet. Indigo has also founded a non profit organisation, Zahra Foundation, to teach handicrafts to local women in Egypt.

### ITINERARY OCTOBER 21-28

Day 1 Monday 21 October - Arrive and meet in Luxor no later than 12:00 (noon) We will advise the meeting place at a later date. International flight is your responsibility.

At the Embrace Hotel Bed and Breakfast are included but not lunches or dinners, which we will help to organise.

Programme on Dahabiya 5 days/4 nights

#### **Day 01:** Esna – El Hegz

Transfer from Luxor to Esna to board the dahabiya - crew will welcome you on board and have your bags taken to your cabins; we set the sails and start a fantastic and unforgettable journey on the river Nile. Overnight stop at El Hegz Island located north of Edfu.

#### **Day 02:** El Kab - Edfu

Enjoying our breakfast while sailing on the river Nile, Visit to El Kab, to discover this largely unexplored ancient city. Discover the ancient walls, the temple and tombs, cut from the rock face, dating from the new kingdom. Sailing to Edfu, we will have a wonderful ride by horse carriage through the village to the monumental temple of Horus, one of the largest and best-preserved sacred temples of Egypt. Two beautiful granite statues of the falcon god Horus flank the entrance. Then we continue our sailing day and experience in slowly passing by the farmers and fishermen, the picturesque and abundant nature along the river Nile and the green fertile landscapes with sugar cane fields, guava - banana- and date palm-trees. Shortly before sunset we drop anchor near Gebel Silsela where we enjoy the dinner in an atmospheric surrounding.

#### **Day 03:** Gebel Sisila

After breakfast we go ashore to discover the old Pharaonic quarries of Sisila with the seldom visited rock-cut temple of Horemheb. From the top of the mountain we enjoy a breathtaking view. Continue our relaxing sailing day. Near to KomOmbo we overnight at the edge of Mainha Island.

#### **Day 04:** KomOmbo – Aswan

After breakfast we sail on to KomOmbo where we explore the exceptionally beautiful temple of Horus the Elder and Sobek (Crocodile God). The temple was built with two symmetric entrances, halls and sanctuaries; it is the only double temple in Egypt. Sailing to Aswan. Breakfast, lunch, dinner.

**Day 05:** Aswan - Isis Philae Temple.

After breakfast we explore the famous city Aswan, visiting the unfinished obelisk in the Pharaonic quarries, and then taking the motorboat ride to the sacred temple of Philae, dedicated to the Goddess Isis. A visit to the original site of the Isis temple on Egilica Island.

If time allows: we will go to Aswan High Dam where we have great views to the Lake Nasser and the Nile River below.

Transfer to Luxor to Embrace Hotel by coach

**Day 6**

Guided visits to Sacred Sites:

Dendera temple

Abydos temple

Luxor east bank

Luxor temple

Karnak temple including - Goddess Sekhmet chamber - Seven doors chamber - Goddess Nutt temple

**Day 7**

Guided visits to Sacred Sites:

Luxor West Bank

Valley of the Queens (option to visit Queen Nefertari tomb - approx \$70.00 extra )

Hapu Temple

Hatshepsut Temple

We are considering also to include, time allowing: Valley of the Kings, 3 tombs, High priest Ay tomb in the West Valley, Ramesseum temple

Day 8

Depart Luxor

Breakfast is included at the hotel

All accommodation is based **on shared rooms, two persons per room/cabin**. In the hotel places it is possible to have a single room by paying a single room supplement, but not on dahabiya as the places are limited to 14 participants, maximum 18 if we get a bigger boat.

**Tour Deposit**

♥ £400— This non-refundable deposit secures your place on the tour and is applied to the balance.

**Egypt Package Price is £1950 per person**

If you would like to participate, please confirm your your interest ASAP - we have limited places. I will send to you the terms for the pilgrimage and terms of payment. As usual you will be required to sign an indemnity waiver (enclosed below) and have an

up to date travel insurance. There may be slight variations in the itinerary subject to local conditions.

With love and blessings,

Joanna Kossak  
Flowering Whirlwind

[joanna@floweringwhirlwind.com](mailto:joanna@floweringwhirlwind.com)  
[hellojo1@me.com](mailto:hellojo1@me.com)

[www.floweringwhirlwind.com](http://www.floweringwhirlwind.com)

### **Release of Liability Form 1**

I acknowledge that I am voluntarily participating in Pilgrimage, SACRED EGYPT - WHERE HUMAN BECOME GODS organised by Joanna Kossak

#### INDEMNITY WAIVER

I understand that travel to the foreign countries and areas visited on this tour involves some risks and dangers, including, but not limited to: the forces of nature; civil unrest; terrorism; roads, trails, hotels, vehicles, horses, boat or other means of conveyance which are not operated or maintained to standards commonly expected in the United Kingdom; accident or illness, the adequacy of medical attention once provided; physical exertion for which I am not prepared, consumption of alcoholic beverages or negligence on the part of guides; bus drivers or others.

I acknowledge that the enjoyment and excitement of adventure travel is derived in part from the inherent risks incurred by travel and activity beyond the accepted safety of life at home or work; and these risks contribute to the enjoyment & excitement of travel to a foreign country, being a reason for my voluntary participation. I agree to be responsible for my own welfare and accept any and all risks of delay, unanticipated events, illness, injury, emotional trauma or death and verify this statement by placing my initials here\_\_\_\_\_. I hereby release and discharge Joanna Kossak, and all other agents and employees from and against any and all liability arising from my participation in the expedition.

I have read and fully understand the content and legal ramifications of this agreement especially noting those regarding limitation of liability and responsibility borne by trip participants and leaders.

I understand that I am responsible for my own experience.

Signature of Participant:

\_\_\_\_\_.

Date\_\_\_\_\_.

## Form 2

### Refund and Cancellation Policy

To secure your place in the **SACRED EGYPT - WHERE HUMANS BECOME GODS** we require a non-refundable deposit of 400 Pound Sterling.

The hotel reservations must be paid 60 days in advance therefor refunds are only possible on trips cancelled if **the written notice is given 60 days before departure date** (excluding the non refundable fee).

Please consider purchasing your own trip cancellation insurance if you feel this may be a problem for you. If you do not purchase trip cancellation insurance you may risk losing your entire trip fee so please consider this carefully.

I have read, understood and agree to abide by the above cancellation policy. I will make a copy for my records and return this signed original with my other documents.

Printed Name \_\_\_\_\_

Signature \_\_\_\_\_

Please make a payment by bank transfer to Flowering Whirlwind:

Joanna Kossak-Cox  
FIRST DIRECT BANK  
SORT CODE 40-47-83  
A/C 71523457

Please **use your name as a reference, when making** the payment.

Information for making a payment **from outside of the UK**

Information for making a payment **from outside of the UK**

a/c Joanna Kossak-Cox  
Bank: 1st Direct (Member of HSBC group)  
IBAN: GB24HBUK40478371523457  
BIC - HBUKGB41FDC

Contact: Joanna Kossak [joanna@floweringwhirlwind.com](mailto:joanna@floweringwhirlwind.com)  
[www.floweringwhirlwind.com](http://www.floweringwhirlwind.com)  
07710019747

Contact: Joanna Kossak [joanna@floweringwhirlwind.com](mailto:joanna@floweringwhirlwind.com)

[www.floweringwhirlwind.com](http://www.floweringwhirlwind.com)

07710019747

### MEDICAL INSURANCE Form 3

It is important that **have medical insurance** while travelling to Egypt with us and I must receive written notification that you have Emergency Medical Insurance Coverage before you the travel.

You can obtain this by adding a waiver onto your current medical insurance or by buying separate insurance to cover you during the trip. Your policy must show that you are covered for repatriation. This sounds scary but it is a safety measure that we have never had to use.

Please include the emergency **contact names and phone numbers** for you while you are on your trip.

I have read and understood this document. Please copy and complete and sign the entire document and send it to me by post:

Joanna Kossak,  
79 Alexandra Park Road,  
London N10 2DG  
United Kingdom

Name & Signature \_\_\_\_\_.

Emergency Contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_

My Emergency Medical Insurance Company is:

My Policy Number is: \_\_\_\_\_

We are looking forward to seeing you in Egypt for the magical adventure of your life!

With love,

Joanna Kossak - Flowering Whirlwind