

RENEWAL

A POAH MIDWEST NEWSLETTER



New Casual Dine-In Restaurant Coming Soon to Woodlawn Station



POAH is excited to announce that a new dining option for the Woodlawn community is arriving this fall. Conscious Plates — an organization dedicated to providing access to meat-free and vegan food, holistic healing services, and fulfilling work opportunities — will open its first-ever dine-in restaurant at the eastern end of Woodlawn Station.

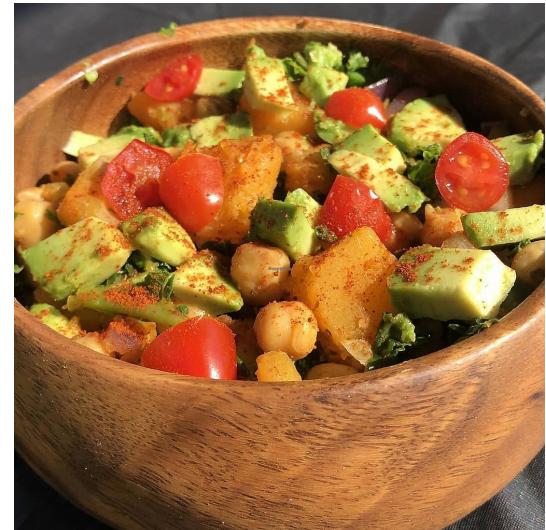
"Conscious Plates coming to Woodlawn Station will bring even more personality to a neighborhood that already features the iconic Daley's restaurant, and will

introduce residents and visitors alike to healthy, approachable vegan fare," said Konrad Schlater, POAH Midwest Vice President and project leader for Woodlawn Station.

[Conscious Plates](#) started as a catering and popup business, and its new 1,100 square foot, dine-in location will offer many of Conscious Plates' favorites, from its curbside and delivery-only location in Bronzeville. The menu will feature Oyster Wings, Fajita Fries, Avocado Fries, and more.

Conscious Plates, whose mission is to "help heal humanity of illnesses and diseases through natural foods and herbs," is committed to being 100 percent alkaline, which means that in addition to being vegan, its food is also soy-free, wheat-free, and starch free, and is made from scratch using spring water.

"I feel that Conscious Plates will be exactly where it needs to be — at Woodlawn Station, home to perhaps the first alkaline restaurant in the world which is ideally located at the Green Line station, near the Obama Presidential Center, and minutes from the highway," said Latrell Garnett, the restaurant's owner and founder. "We look forward to serving healthy food options to Woodlawn residents, the University of Chicago's students, faculty, and administration and all of our customers in Chicago and beyond," added Garnett.



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