

# THE BEST CHOICE FOR FLU AND COVID-19 TESTING



Since the flu and COVID-19 have similar symptoms, it is more important than ever this year for you and your family to get a flu vaccine. Influenza (flu) is easily spread but avoiding close contact with anyone who is sick, not touching your eyes, nose and mouth, covering your coughs and sneezes and washing your hands can all help.



A member of the  
University of Maryland  
Medical System

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